



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Femenil Sub Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Alysa viviana cruz Figueroa	OAX	F-SJR-U	38.50	43	45.0	55.0	-60.0	55.0	25.0	-32.5	32.5	32.5	65.0	75.0	-85.0	75.0	162.5	56.63	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Tessa Roberts	BCS	F-SJR-U	45.60	47	75.0	85.0	90.0	90.0	35.0	40.0	-45.0	40.0	85.0	95.0	105.0	105.0	235.0	67.17	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Alejandra Martínez Mondragón	SON	F-SJR-U	51.60	52	-112.5	112.5	-115.0	112.5	-60.0	-62.5	62.5	62.5	110.0	112.0	-112.5	112.0	287.0	72.95	1
Paulina Perez Vazquez	QRO	F-SJR-U	52.00	52	70.0	-80.0	-85.0	70.0	30.0	35.0	-40.0	35.0	72.5	75.0	-77.5	75.0	180.0	45.45	2
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Priyanka Julia Rivera	SIN	F-SJR-U	56.00	57	105.0	110.5	115.5	115.5	45.0	50.0	-53.0	50.0	117.5	123.0	128.0	128.0	293.5	69.78	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Gina Valentina Marín Soberanis	YCT	F-SJR-U	60.00	63	110.0	-117.5	120.5	120.5	47.5	55.0	-60.0	55.0	115.0	132.5	140.0	140.0	315.5	71.32	1
Noelia Adilene López Carrillo	SIN	F-SJR-U	61.00	63	107.5	-115.0	122.5	122.5	55.0	57.5	-60.0	57.5	117.5	125.0	132.5	132.5	312.5	69.84	2
Naomi Vanessa Barcelo Tzuc	YCT	F-SJR-U	60.80	63	100.0	112.5	117.5	117.5	37.5	45.0	-50.0	45.0	125.0	135.0	-145.0	135.0	297.5	66.64	3
Ivana Patricia Cota Caballero	EDOMEX	F-SJR-U	62.70	63	100.0	112.5	-123.0	112.5	45.0	52.5	-55.0	52.5	110.0	117.5	125.0	125.0	290.0	63.64	4
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Victoria de Pablo Martínez	NL	F-SJR-U	68.90	69	105.0	110.0	115.0	115.0	50.0	52.5	55.0	55.0	120.0	130.0	-140.0	130.0	300.0	62.20	1



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Femenil Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Valeria Sedano Quirarte	JAL	F-JR-U	38.20	43	62.5	-65.0	65.0	65.0	25.0	27.5		27.5	87.5	-92.5	0.0	87.5	180.0	63.39	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Aylin Esthefania Cuevas Guzmán	SIN	F-JR-U	46.60	47	105.0	113.0	-117.5	113.0	47.5	52.5	-55.0	52.5	125.0	133.0	140.0	140.0	305.5	85.41	1
Wendy Alejandra Aguilar Villagrán	CDMX	F-JR-U	50.30	52	80.0	-87.5	-90.0	80.0	55.0	-60.0	-60.0	55.0	105.0	110.0	-115.0	110.0	245.0	63.70	1
Melanie Karime Guzmán Zamora	MTY	F-JR-U	52.00	52	70.0	80.0	-87.5	80.0	-40.0	47.5	50.0	50.0	95.0	105.0	110.0	110.0	240.0	60.60	2
Karla Denisse Gutiérrez Gutiérrez	NL	F-JR-U	50.10	52	92.5	95.0	97.5	97.5	40.0	45.0	-50.0	45.0	-120.0	-125.0	-125.0	0.0	0.0	0.00	
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Michelle Alexandra Guirado Garcia	SON	F-JR-U	56.90	57	137.5	145.0	145.5	145.5	80.0	85.0	-90.0	85.0	162.5	172.5	177.0	177.0	407.5	95.71	1
Salma Alexandra Martínez Romero	CDMX	F-JR-U	57.00	57	127.5	132.5	-145.5	132.5	87.5	-92.5	-92.5	87.5	127.5	132.5	137.5	137.5	357.5	83.86	2
Mariana Anguiano Chávez	CDMX	F-JR-U	55.90	57	75.0	85.0	95.0	95.0	40.0	47.5	52.5	52.5	110.0	120.0	127.5	127.5	275.0	65.47	3
Claudia Ximena Chávez Ochoa	CDMX	F-JR-U	56.60	57	85.0	95.0	-97.5	95.0	35.0	40.0	45.0	45.0	-90.0	100.0	105.0	105.0	245.0	57.77	4
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Aiko Alexandra García Espinosa	NAY	F-JR-U	62.80	63	125.0	-127.5	127.5	127.5	72.5	-75.0	-75.0	72.5	127.5	135.0	-142.5	135.0	335.0	73.44	1
Madizon Yrazan Molina Mengual	YCT	F-JR-U	59.30	63	117.5	125.0	127.5	127.5	55.0	57.5	-60.0	57.5	130.0	-135.0	135.0	135.0	320.0	72.93	2
Alondra Maley López Carrillo	SIN	F-JR-U	61.60	63	110.0	117.5	122.5	122.5	50.0	55.0	57.5	57.5	115.0	122.5	130.0	130.0	310.0	68.83	3
María José Camacho Carrillo	SIN	F-JR-U	62.20	63	107.5	115.0	-120.0	115.0	60.0	-65.0	-65.0	60.0	125.0	135.0	-147.5	135.0	310.0	68.39	4
Martha Lilia Chavez Flores	COL	F-JR-U	62.10	63	100.0	107.5	115.0	115.0	52.5	-55.0	55.0	55.0	120.0	125.0	-127.5	125.0	295.0	65.15	5
Jennifer Alondra Amaro Zamudio	QRO	F-JR-U	61.30	63	100.0	107.5	115.0	115.0	50.0	55.0	-57.5	55.0	-122.5	122.5	-140.0	122.5	292.5	65.16	6
Andrea Cecilia Cantu Alvarez	NL	F-JR-U	60.30	63	85.0	92.5	100.0	100.0	35.0	42.5	-45.0	42.5	132.5	140.0	145.0	145.0	287.5	64.76	7
Carmen Beatriz Centeno Tello	YCT	F-JR-U	59.70	63	90.0	100.0	107.5	107.5	50.0	55.0	-60.0	55.0	110.0	120.0	-125.0	120.0	282.5	64.08	8
Dariana Itzel Villarreal Martell	COL	F-JR-U	62.20	63	85.0	95.0	-100.0	95.0	-52.5	-52.5	52.5	52.5	105.0	112.5	115.0	115.0	262.5	57.91	9
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Mara Tiscareño Aguayo	ZAC	F-JR-U	69.00	69	147.5	155.0	162.5	162.5	-80.0	80.0	85.5	85.5	165.0	175.0	180.0	180.0	428.0	88.67	1
Ana Fabiola Reyes Garnica	EDOMEX	F-JR-U	68.80	69	127.5	137.5	145.0	145.0	-62.5	67.5	72.5	72.5	175.0	185.5	190.5	190.5	408.0	84.66	2
América Itzel Portillo Ayón	SIN	F-JR-U	66.80	69	115.0	120.0	125.0	125.0	67.5	-72.5	-72.5	67.5	137.5	150.0	160.0	160.0	352.5	74.39	3
Montserrat Fierros Amézquita	SIN	F-JR-U	68.00	69	107.5	115.0	120.0	120.0	52.5	-60.0	-60.0	52.5	117.5	127.5	140.0	140.0	312.5	65.28	4
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Daana Parra Velázquez	JAL	F-JR-U	73.30	76	160.0	172.5	178.5	178.5	105.0	108.5	111.0	111.0	180.5	188.0	-193.0	188.0	477.5	95.81	1
Giselle Gonzalez Valenzuela	BC	F-JR-U	75.80	76	130.0	137.5	145.0	145.0	55.0	60.0	-62.5	60.0	157.5	165.0	170.0	170.0	375.0	74.03	2
Alejandra Guadalupe Lopez Cazarez	SIN	F-JR-U	75.00	76	125.0	-132.5	-132.5	125.0	65.0	67.5	70.0	70.0	125.0	132.5	-140.0	132.5	327.5	64.98	3
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Rosy Guadalupe Sánchez Bacab	MER	F-JR-U	91.70	84+	205.0	215.0	-222.5	215.0	82.5	85.0	87.5	87.5	195.0	205.0	210.0	210.0	512.5	93.79	1



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Femenil Open (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Asherat Ceja Pliego	MER	F-O-U-E	42.90	47E	50.0	55.0	60.0	60.0	37.5	-40.0	40.0	40.0	65.0	70.0	75.0	75.0	175.0	53.43	1

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Carina Chavez Granados	UNAM	F-O-U	45.80	47	112.5	120.0	125.0	125.0	65.0	-67.5	-67.5	65.0	115.0	122.5	130.0	130.0	320.0	91.05	1
Mitzi Magali Vazquez Jimenez	EDOMEX	F-O-U	46.60	47	-112.5	118.5	123.0	123.0	50.0	-55.0	-55.0	50.0	125.0	135.0	-147.5	135.0	308.0	86.11	2
Paola Montserrat Xiu Santos	MER	F-O-U	46.90	47	90.0	97.5	105.0	105.0	42.5	45.0	47.5	47.5	120.0	-130.0	135.0	135.0	287.5	79.86	3
Claudia paulina soto mora	SON	F-O-U	46.90	47	85.0	-90.0	90.0	90.0	55.0	57.5	-60.0	57.5	130.0	137.5	-142.5	137.5	285.0	79.17	4
Valeria Bernal Olivo	CDMX	F-O-U	46.80	47	-85.0	-90.0	90.0	90.0	37.5	42.5	-47.5	42.5	127.5	-137.5	-137.5	127.5	260.0	72.38	5
Erendira Jacqueline Sedano Quirarte	JAL	F-O-U	43.00	47	67.5	-75.0	75.0	75.0	35.0	37.5	-40.0	37.5	100.0	107.5	110.0	110.0	222.5	67.76	6

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Monica Mercedes De la Torre Velasco	MICH	F-O-U	52.00	52	125.0	130.0	133.0	133.0	85.0	90.0	93.0	93.0	147.5	159.0	-165.5	159.0	385.0	97.22	1
Aline Falcon	BCS	F-O-U	51.20	52	117.5	125.0	127.5	127.5	57.5	62.5	-65.0	62.5	-145.0	150.0	-160.0	150.0	340.0	87.01	2
Ilse Monica Trigos Rodriguez	AGS	F-O-U	51.70	52	105.0	112.5	115.0	115.0	62.5	-65.0	65.0	65.0	142.5	147.5	157.5	157.5	337.5	85.65	3
Yareldy Lisset Pech Cortes	MER	F-O-U	51.90	52	125.0	132.5	-140.5	132.5	60.0	65.0	-67.5	65.0	130.0	137.5	140.0	140.0	337.5	85.36	4
Fernanda Garcia	AGS	F-O-U	51.90	52	102.5	107.5	-110.0	107.5	60.0	-62.5	-62.5	60.0	120.0	127.5	132.5	132.5	300.0	75.88	5
Karen Desiree Meza Champa	BC	F-O-U	51.40	52	110.0	120.0	125.0	125.0	40.0	45.0	-47.5	45.0	115.0	125.0	-132.5	125.0	295.0	75.24	6
Marisol Hinojosa Ramirez	EDOMEX	F-O-U	51.00	52	80.0	90.0	95.0	95.0	30.0	35.0	40.0	40.0	95.0	105.0	-120.0	105.0	240.0	61.63	7
Victoria Cardenas Medina	MER	F-O-U	51.10	52	-92.5	-92.5	92.5	92.5	-50.0	-50.0	-50.0	0.0	112.5	117.5	122.5	122.5	0.0	0.00	

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Faridi Saavedra Salazar	GTO	F-O-U	56.60	57	160.0	167.5	-170.5	167.5	87.5	-92.5	-92.5	87.5	160.0	165.0	172.5	172.5	427.5	100.81	1
Tzeithel Paulette Ferrell Mejía	TMP	F-O-U	57.00	57	125.0	132.5	140.0	140.0	80.0	-82.5	-82.5	80.0	150.0	162.5	172.5	172.5	392.5	92.07	2
Krisel carolina lopez lara	SON	F-O-U	56.80	57	100.0	120.0	140.0	140.0	75.0	80.0	-82.5	80.0	140.0	160.0	-172.5	160.0	380.0	89.37	3
Tania Azucena Gonzalez Barcelo---	YUC	F-O-U	56.10	57	115.0	-120.0	-122.5	115.0	70.0	-72.5	72.5	72.5	135.0	142.5	-147.5	142.5	330.0	78.35	4
Loana Fernanda Zuñiga oómez	SON	F-O-U	56.20	57	-115.0	125.0	135.0	135.0	47.5	55.0	57.5	57.5	-115.0	125.0	130.0	130.0	322.5	76.46	5
Jazmin Arevalo Jimenez	JAL	F-O-U	56.70	57	95.0	102.5	110.0	110.0	50.0	55.0	-57.5	55.0	125.0	135.0	142.5	142.5	307.5	72.42	6
Estefania Gutierrez Gastelum	CDMX	F-O-U	56.20	57	95.0	102.5	-105.0	102.5	55.0	-60.0	-60.0	55.0	120.0	130.0	135.0	135.0	292.5	69.35	7
Gloria Michelle Ortiz Rodriguez	EDOMEX	F-O-U	56.80	57	-82.5	-85.0	85.0	85.0	42.5	-45.0	-47.5	42.5	100.0	-112.5	-112.5	100.0	227.5	53.50	8
Ruth del Carmen Palma Angulo---	YUC	F-O-U	55.60	57	75.0	85.0	90.0	90.0	40.0	45.0	47.5	47.5	80.0	85.0	-90.0	85.0	222.5	53.19	9



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Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Dianet Verónica Mariano Huerta	GTO	F-O-U	61.40	63	140.0	147.5	152.5	152.5	-77.5	82.5	85.0	85.0	167.5	178.5	-182.5	178.5	416.0	92.56	1
Diana Ximena Martínez Espina	AGS	F-O-U	59.20	63	127.5	135.0	142.5	142.5	75.0	80.0	0.0	80.0	167.5	178.0	-182.5	178.0	400.5	91.39	2
Mariana Guadalupe López Sánchez	QRO	F-O-U	60.20	63	142.5	150.0	152.5	152.5	72.5	77.5	-82.5	77.5	155.0	162.5	167.5	167.5	397.5	89.64	3
Jennifer Jazmín Gómez Ayala	JAL	F-O-U	62.20	63	-125.0	-135.0	135.0	135.0	-77.5	77.5	-80.0	77.5	150.0	160.0	-165.0	160.0	372.5	82.18	4
Dafne Abril Maldonado Valdes	CDMX	F-O-U	61.20	63	120.0	130.0	-135.0	130.0	-60.0	67.5	-70.0	67.5	155.0	-165.0	165.0	165.0	362.5	80.84	5
Daniela Assenet Moctezuma Sandoval	CDMX	F-O-U	59.70	63	115.0	125.0	130.0	130.0	60.0	62.5	-65.0	62.5	140.0	155.0	-160.0	155.0	347.5	78.82	6
Alondra Cuevas Alcocer	MER	F-O-U	60.80	63	115.0	122.5	-130.0	122.5	60.0	62.5	-65.0	62.5	130.0	140.0	0.0	140.0	325.0	72.80	7
Vanessa Montserrat Palencia Rangel	BCS	F-O-U	62.30	63	115.0	125.0	-130.0	125.0	57.5	62.5	-67.5	62.5	-120.0	125.0	-130.0	125.0	312.5	68.87	8
María Anayeli Ancona Chan	MER	F-O-U	62.80	63	117.5	122.5	-125.0	122.5	50.0	-52.5	-52.5	50.0	130.0	135.0	140.0	140.0	312.5	68.51	9
Grecia Abigail Cardenas Azotla	CDMX	F-O-U	61.50	63	110.0	-115.0	-115.0	110.0	60.0	65.0	-70.0	65.0	120.0	130.0	-135.0	130.0	305.0	67.79	10
Betsy Mayrem Cervantes Jiménez	BC	F-O-U	61.30	63	90.0	97.5	-100.0	97.5	50.0	55.0	60.0	60.0	130.0	140.0	-145.0	140.0	297.5	66.27	11
Lizeth Canche	MER	F-O-U	61.70	63	-100.0	100.0	-115.0	100.0	57.5	62.5	-67.5	62.5	122.5	135.0	-142.5	135.0	297.5	65.98	12
Stephanie yannai rodriguez osorio	MER	F-O-U	61.80	63	-97.5	100.0	110.0	110.0	42.5	47.5	50.0	50.0	100.0	110.0	120.0	120.0	280.0	62.03	13
Mariana castro muñoz	COA	F-O-U	60.20	63	90.0	95.0	-100.0	95.0	52.5	55.0	-57.5	55.0	-115.0	120.0	127.5	127.5	277.5	62.58	14
Sofía Chan	MER	F-O-U	60.20	63	100.0	105.0	110.0	110.0	45.0	-47.5	-47.5	45.0	112.5	120.0	-125.0	120.0	275.0	62.02	15
Macarena Solís Castillo	MER	F-O-U	61.30	63	85.0	-95.0	-97.5	85.0	52.5	55.0	-57.5	55.0	100.0	110.0	120.0	120.0	260.0	57.92	16
Evelyn Estefanía Campos---	BCS	F-O-U	62.80	63	132.5	-137.5	-137.5	132.5	50.0	55.0	60.0	60.0	135.0	140.0	145.0	145.0	337.5	73.99	
Abigail Bañuelos Sanchez	NL	F-O-U	61.60	63	105.0	112.5	117.5	117.5	-50.0	-50.0	-50.0	0.0	142.5	150.0	-155.0	150.0	0.0	0.00	

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Arlí García García	CDMX	F-O-U	68.20	69	127.5	-140.0	-140.0	127.5	70.0	75.0	-77.5	75.0	155.0	170.0	175.0	175.0	377.5	78.72	1
Yulissa Nuñez Gutiérrez	BC	F-O-U	65.80	69	125.0	135.0	-142.5	135.0	75.0	82.5	90.0	90.0	140.0	150.0	-160.0	150.0	375.0	79.85	2
Ana Karen Gonzalez Almeyda	CAMP	F-O-U	66.20	69	115.0	120.0	125.0	125.0	57.5	-62.5	62.5	62.5	145.0	155.0	162.5	162.5	350.0	74.26	3
Maria de Lourdes Gonzalez Cervantes---	CDMX	F-O-U	69.00	69	110.0	120.0	-127.5	120.0	57.5	62.5	67.5	67.5	125.0	135.0	140.0	140.0	327.5	67.85	4
Jessica Tello Pérez ---	MER	F-O-U	66.40	69	92.5	97.5	100.0	100.0	50.0	55.0	-60.0	55.0	120.0	135.0	-140.0	135.0	290.0	61.42	5
Giovana Alejandra González Ortega ---	NL	F-O-U	67.40	69	70.0	75.0	80.0	80.0	50.0	-55.0	55.0	55.0	105.0	110.0	-112.5	110.0	245.0	51.44	6

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jennifer Leisheba Hernandez Aguirre	SIN	F-O-U	74.50	76	150.0	160.0	165.0	165.0	85.0	-90.0	90.0	90.0	165.0	172.5	175.0	175.0	430.0	85.59	1
Monica Puente Paredes Guivari	CDMX	F-O-U	75.60	76	147.5	155.0	-162.5	155.0	90.0	95.0	-97.5	95.0	160.0	-172.5	-175.0	160.0	410.0	81.04	2
Veronica Avila Gonzalez	SON	F-O-U	69.60	76	130.0	137.5	142.5	142.5	70.0	75.0	77.5	77.5	140.0	150.0	155.0	155.0	375.0	77.32	3
Valeria del Rocio Martinez Ek	MER	F-O-U	74.10	76	117.5	125.0	130.0	130.0	55.0	57.5	-62.5	57.5	120.0	125.0	130.0	130.0	317.5	63.37	4
Ada Mariella Brander	MER	F-O-U	73.20	76	100.0	110.0	117.5	117.5	70.0	75.0	-80.0	75.0	115.0	122.5	-132.5	122.5	315.0	63.25	5
CARLA NATALIA CHAN PADRON	MER	F-O-U	69.90	76	95.0	102.5	110.0	110.0	57.5	62.5	65.0	65.0	120.0	130.0	135.0	135.0	310.0	63.77	6
Grecia Madelein Venegas Jimenez	COL	F-O-U	73.10	76	100.0	107.5	112.5	112.5	57.5	62.5	-67.5	62.5	117.5	125.0	132.5	132.5	307.5	61.79	7
Cynthia Yolanda Quijano Sanchez	TAB	F-O-U	74.80	76	92.5	100.0	115.0	115.0	45.0	50.0	-55.0	50.0	110.0	120.0	125.0	125.0	290.0	57.61	8
Ana Maria Seseña Ortiz	BC	F-O-U	74.60	76	75.0	100.0	110.0	110.0	42.5	50.0	-55.0	50.0	100.0	112.5	120.0	120.0	280.0	55.70	9



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Fernanda Catalina Castro Campos	SON	F-O-U	83.90	84	135.0	145.0	152.5	152.5	55.0	60.0	-62.5	60.0	160.0	172.5	175.0	175.0	387.5	73.21	1
Ana Karen Aguilar Ibarra	NL	F-O-U	83.70	84	110.0	125.0	140.0	140.0	45.0	55.0	-62.5	55.0	140.0	150.0	-160.0	150.0	345.0	65.24	2
Marisol Sanchez Tolosa	MER	F-O-U	81.20	84	100.0	112.5	120.0	120.0	42.5	50.0	-52.5	50.0	110.0	122.5	130.0	130.0	300.0	57.44	3

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
LOPEZ	SIN	F-O-U	95.80	84+	195.0	202.5	-207.5	202.5	105.0	112.5	115.5	115.5	192.5	197.5	205.0	205.0	523.0	94.42	1
Astrid Alfonsina Martinez Lomas	JAL	F-O-U	92.60	84+	157.5	165.0	172.5	172.5	87.5	-90.0	-90.0	87.5	185.0	195.0	197.5	197.5	457.5	83.46	2
Sophia Snowball Rivera Ozuna	SIN	F-O-U	109.10	84+	140.0	150.0	157.5	157.5	-75.0	80.0	82.5	82.5	165.0	170.0	-177.5	170.0	410.0	71.59	3
Alma Delia Vidal Abud	SON	F-O-U	104.80	84+	145.0	150.0	155.0	155.0	70.0	-72.5	-72.5	70.0	170.0	175.0	-180.0	175.0	400.0	70.49	4



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Femenil Master (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Piedad Santana Vazquez	QRO	F-M2-U	56.10	57	110.0	-115.0	115.0	115.0	30.0	42.5	-45.0	42.5	-115.0	-115.0	-115.0	0.0	0.0	0.00	
Eva Olmos soto	SON	F-M1-U	63.00	63	110.0	115.0	120.0	120.0	70.0	-72.5	-72.5	70.0	130.0	135.0	-140.0	135.0	325.0	71.10	1
Teresa de Jesús Robaldino Narváez	SLP	F-M3-U	68.20	69	100.0	105.0	107.5	107.5	50.0	55.0	-57.5	55.0	102.5	107.5	110.0	110.0	272.5	56.83	1
Sonia Ramos sacramento	CHI	F-M2-U	73.20	76	122.5	125.0	130.0	130.0	62.5	-65.0	-65.0	62.5	130.0	135.0	140.0	140.0	332.5	66.76	1
María Elena Velasco Rojas	CDMX	F-M1-U	73.90	76	100.0	110.0	117.5	117.5	-47.5	-47.5	47.5	47.5	110.0	-120.0	-120.0	110.0	275.0	54.96	1
CONSUELO PAVLOVICH RODRIGUEZ	NL	F-M3-U	74.40	76	75.0	85.0	95.0	95.0	37.5	45.0	-52.5	45.0	75.0	85.0	100.0	100.0	240.0	47.80	1
MONICA GPE. MACIAS PAVLOVICH	NL	F-M1-U	87.50	84+	125.0	135.0	145.0	145.0	80.0	87.5	90.0	90.0	135.0	147.5	152.5	152.5	387.5	72.07	1
Yisa María Ochoa Fuentes	NL	F-M1-U	101.90	84+	110.0	122.5	132.5	132.5	72.5	-77.5	80.0	80.0	115.0	122.5	130.0	130.0	342.5	60.78	2



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Femenil (Equipado)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jessica Fabiola Reyes Rico	EDOMEX	F-O	55.70	57	122.5	130.0	140.0	140.0	100.0	105.0	-111.0	105.0	130.0	137.5	140.0	140.0	385.0	74.89	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
María del socorro Pérez Arteaga	JAL	F-M3	61.70	63	90.0	92.5	107.5	107.5	85.0	90.0	95.0	95.0	107.5	117.5	125.0	125.0	327.5	59.84	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Malinalitzin Porras Cruz	CDMX	F-JR	81.00	84	190.0	200.0	208.0	208.0	107.5	112.5	116.0	116.0	170.0	180.0	186.0	186.0	510.0	81.40	1



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutas Femenil Sub Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Alejandra Martínez Mondragón	SON	F-SJR-U	51.60	52	287.0	72.95	1
Gina Valentina Marín Soberanis	YCT	F-SJR-U	60.00	63	315.5	71.32	2
Noelia Adilene López Carrillo	SIN	F-SJR-U	61.00	63	312.5	69.84	3
Priyanka Julia Rivera	SIN	F-SJR-U	56.00	57	293.5	69.78	4
Tessa Roberts	BCS	F-SJR-U	45.60	47	235.0	67.17	5
Naomi Vanessa Barcelo Tzuc	YCT	F-SJR-U	60.80	63	297.5	66.64	6
Ivana Patricia Cota Caballero	EDOMEX	F-SJR-U	62.70	63	290.0	63.64	7
Victoria de Pablo Martínez	NL	F-SJR-U	68.90	69	300.0	62.20	8
Alysa viviana cruz Figueroa	OAX	F-SJR-U	38.50	43	162.5	56.63	9
Paulina Perez Vazquez	QRO	F-SJR-U	52.00	52	180.0	45.45	10



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutas Femenil Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Daana Parra Velázquez	JAL	F-JR-U	73.30	76	477.5	95.81	1
Michelle Alexandra Guirado Garcia	SON	F-JR-U	56.90	57	407.5	95.71	2
Rosy Guadalupe Sánchez Bacab	MER	F-JR-U	91.70	84+	512.5	93.79	3
Mara Tiscareño Aguayo	ZAC	F-JR-U	69.00	69	428.0	88.67	4
Aylin Esthefania Cuevas Guzmán	SIN	F-JR-U	46.60	47	305.5	85.41	5
Ana Fabiola Reyes Garnica	EDOMEX	F-JR-U	68.80	69	408.0	84.66	6
Salma Alexandra Martinez Romero	CDMX	F-JR-U	57.00	57	357.5	83.86	7
América Itzel Portillo Ayón	SIN	F-JR-U	66.80	69	352.5	74.39	8
Giselle Gonzalez Valenzuela	BC	F-JR-U	75.80	76	375.0	74.03	9
Aiko Alexandra García Espinosa	NAY	F-JR-U	62.80	63	335.0	73.44	10
Madizon Yrazan Molina Mengual	YCT	F-JR-U	59.30	63	320.0	72.93	11
Alondra Maley López Carrillo	SIN	F-JR-U	61.60	63	310.0	68.83	12
María José Camacho Carrillo	SIN	F-JR-U	62.20	63	310.0	68.39	13
Mariana Anguiano Chávez	CDMX	F-JR-U	55.90	57	275.0	65.47	14
Montserrat Fierros Amézquita	SIN	F-JR-U	68.00	69	312.5	65.28	15
Jennifer Alondra Amaro Zamudio	QRO	F-JR-U	61.30	63	292.5	65.16	16
Martha Lilia Chavez Flores	COL	F-JR-U	62.10	63	295.0	65.15	17
Alejandra Guadalupe Lopez Cazarez	SIN	F-JR-U	75.00	76	327.5	64.98	18
Andrea Cecilia Cantu Alvarez	NL	F-JR-U	60.30	63	287.5	64.76	19
Carmen Beatriz Centeno Tello	YCT	F-JR-U	59.70	63	282.5	64.08	20
Wendy Alejandra Aguilar Villagrán	CDMX	F-JR-U	50.30	52	245.0	63.70	21
Valeria Sedano Quirarte	JAL	F-JR-U	38.20	43	180.0	63.39	22
Melanie Karime Guzmán Zamora	MTY	F-JR-U	52.00	52	240.0	60.60	23
Dariana Itzel Villarreal Martell	COL	F-JR-U	62.20	63	262.5	57.91	24
Claudia Ximena Chávez Ochoa	CDMX	F-JR-U	56.60	57	245.0	57.77	25



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutas Femenil Open (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt CIs	PL Total	IPF GL Points	Place
Faridi Saavedra Salazar	GTO	F-O-U	56.60	57	427.5	100.81	1
Monica Mercedes De la Torre Velasco	MICH	F-O-U	52.00	52	385.0	97.22	2
MAYTIA ADORACION DE JESUS MILLAN LOPEZ	SIN	F-O-U	95.80	84+	523.0	94.42	3
Dianet Verónica Mariano Huerta	GTO	F-O-U	61.40	63	416.0	92.56	4
Tzeithel Paulette Ferrell Mejía	TMP	F-O-U	57.00	57	392.5	92.07	5
Diana Ximena Martínez Espina	AGS	F-O-U	59.20	63	400.5	91.39	6
Carina Chavez Granados	UNAM	F-O-U	45.80	47	320.0	91.05	7
MARIANA GUADALUPE LÓPEZ SANCHEZ.	QRO	F-O-U	60.20	63	397.5	89.64	8
Krisel carolina lopez lara	SON	F-O-U	56.80	57	380.0	89.37	9
Aline Falcon	BCS	F-O-U	51.20	52	340.0	87.01	10
Mitzi Magali Vazquez Jimenez	EDOMEX	F-O-U	46.60	47	308.0	86.11	11
Ilse Monica Trigos Rodriguez	AGS	F-O-U	51.70	52	337.5	85.65	12
Jennifer Leisheba Hernandez Aguirre	SIN	F-O-U	74.50	76	430.0	85.59	13
Yareldy Lisset Pech Cortes	MER	F-O-U	51.90	52	337.5	85.36	14
Astrid Alfonsina Martinez Lomas	JAL	F-O-U	92.60	84+	457.5	83.46	15
Jennifer Jazmín Gómez Ayala	JAL	F-O-U	62.20	63	372.5	82.18	16
Monica Puente Paredes Guivari	CDMX	F-O-U	75.60	76	410.0	81.04	17
Dafne Abril Maldonado Valdes	CDMX	F-O-U	61.20	63	362.5	80.84	18
Paola Montserrat Xiu Santos	MER	F-O-U	46.90	47	287.5	79.86	19
Yulissa Nuñez Gutiérrez	BC	F-O-U	65.80	69	375.0	79.85	20
Claudia paulina soto mora	SON	F-O-U	46.90	47	285.0	79.17	21
Daniela Assenet Moctezuma Sandoval	CDMX	F-O-U	59.70	63	347.5	78.82	22
Ariél García García	CDMX	F-O-U	68.20	69	377.5	78.72	23
Tania Azucena Gonzalez Barcelo---	YUC	F-O-U	56.10	57	330.0	78.35	24
Veronica Avila Gonzalez	SON	F-O-U	69.60	76	375.0	77.32	25
Loana Fernanda Zuñiga oómez	SON	F-O-U	56.20	57	322.5	76.46	26
Fernanda Garcia	AGS	F-O-U	51.90	52	300.0	75.88	27
Karen Desiree Meza Champa	BC	F-O-U	51.40	52	295.0	75.24	28
Ana Karen Gonzalez Almeyda	CAMP	F-O-U	66.20	69	350.0	74.26	29
EVELYN ESTEFANIA CAMPOS	BCS	F-O-U	62.80	63	337.5	73.99	30
Fernanda Catalina Castro Campos	SON	F-O-U	83.90	84	387.5	73.21	31



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Alondra Cuevas Alcocer	MER	F-O-U	60.80	63	325.0	72.80	32
Jazmin Arevalo Jimenez	JAL	F-O-U	56.70	57	307.5	72.42	33
Valeria Bernal Olivo	CDMX	F-O-U	46.80	47	260.0	72.38	34
Sophia Snowball Rivera Ozuna	SIN	F-O-U	109.10	84+	410.0	71.59	35
Alma Delia Vidal Abud	SON	F-O-U	104.80	84+	400.0	70.49	36
Estefania Gutierrez Gastelum	CDMX	F-O-U	56.20	57	292.5	69.35	37
Vanessa Montserrat Palencia Rangel	BCS	F-O-U	62.30	63	312.5	68.87	38
María Anayeli Ancona Chan	MER	F-O-U	62.80	63	312.5	68.51	39
Maria de Lourdes Gonzalez Cervantes---	CDMX	F-O-U	69.00	69	327.5	67.85	40
Grecia Abigail Cardenas Azotla	CDMX	F-O-U	61.50	63	305.0	67.79	41
Erendira Jacqueline Sedano Quirarte	JAL	F-O-U	43.00	47	222.5	67.76	42
Betsy Mayrem Cervantes Jiménez	BC	F-O-U	61.30	63	297.5	66.27	43
Lizeth Canche	MER	F-O-U	61.70	63	297.5	65.98	44
Ana Karen Aguilar Ibarra	NL	F-O-U	83.70	84	345.0	65.24	45
CARLA NATALIA CHAN PADRON	MER	F-O-U	69.90	76	310.0	63.77	46
Valeria del Rocio Martinez Ek	MER	F-O-U	74.10	76	317.5	63.37	47
Ada Mariella Brander	MER	F-O-U	73.20	76	315.0	63.25	48
Mariana castro Muñoz	COA	F-O-U	60.20	63	277.5	62.58	49
Stephanie yannai rodriguez osorio	MER	F-O-U	61.80	63	280.0	62.03	50
Sofía Chan	MER	F-O-U	60.20	63	275.0	62.02	51
Grecia Madelein Venegas Jimenez	COL	F-O-U	73.10	76	307.5	61.79	52
Marisol Hinojosa Ramirez	EDOMEX	F-O-U	51.00	52	240.0	61.63	53
Jessica Tello Pérez ---	MER	F-O-U	66.40	69	290.0	61.42	54
Macarena Solís castillo	MER	F-O-U	61.30	63	260.0	57.92	55
Cynthia Yolanda Quijano Sanchez	TAB	F-O-U	74.80	76	290.0	57.61	56
Marisol Sanchez Tolosa	MER	F-O-U	81.20	84	300.0	57.44	57
Ana Maria Seseña Ortiz	BC	F-O-U	74.60	76	280.0	55.70	58
Gloria Michelle Ortiz Rodriguez	EDOMEX	F-O-U	56.80	57	227.5	53.50	59
Asherat Ceja Pliego	MER	F-O-U-E	42.90	47E	175.0	53.43	60
Ruth del Carmen Palma Angulo---	YUC	F-O-U	55.60	57	222.5	53.19	61
Giovvana Alejandra González Ortega ---	NL	F-O-U	67.40	69	245.0	51.44	62



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutas Femenil Master (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
MONICA GPE. MACIAS PAVLOVICH	NL	F-M1-U	87.50	84+	387.5	72.07	1
Eva Olmos soto	SON	F-M1-U	63.00	63	325.0	71.10	2
Yisa María Ochoa Fuentes	NL	F-M1-U	101.90	84+	342.5	60.78	3
Maria Elena Velasco Rojas	CDMX	F-M1-U	73.90	76	275.0	54.96	4
Sonia Ramos sacramento	CHI	F-M2-U	73.20	76	332.5	66.76	1
Teresa de Jesús Robaldino Narváe	SLP	F-M3-U	68.20	69	272.5	56.83	1
CONSUELO PAVLOVICH RODRIGUE	NL	F-M3-U	74.40	76	240.0	47.80	2



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutas Femenil (Equipado)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Malinallitzin Porras Cruz	CDMX	F-JR	81.00	84	510.0	81.40	1
Jessica Fabiola Reyes Rico	EDOMEX	F-O	55.70	57	385.0	74.89	1
María del socorro Pérez Arteaga	JAL	F-M3	61.70	63	327.5	59.84	1



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Varonil Sub Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Daniel Velazquez Seseña	BC	M-SJR-U	52.70	53	40.0	47.5	52.5	52.5	20.0	22.5	25.0	25.0	50.0	65.0	72.5	72.5	150.0	26.37	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Valentín Camacho Higuera	SIN	M-SJR-U	57.90	59	120.0	132.5	-137.5	132.5	80.0	85.0	-87.5	85.0	155.0	-162.5	167.5	167.5	385.0	64.35	1
José Antonio Peña Palacios	TAM	M-SJR-U	56.80	59	75.0			75.0	82.5	-90.5	-90.5	82.5	75.0			75.0	232.5	39.26	2
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Felix Andrés Ortiz Cruz	SON	M-SJR-U	65.70	66	-162.5	165.0	170.0	170.0	95.0	100.0	105.0	105.0	207.5	215.0	220.5	220.5	495.5	77.43	1
Arturo Peraza Bacelis	MER	M-SJR-U	66.00	66	140.0	-150.0	162.5	162.5	90.0	100.0	-107.5	100.0	175.0	187.5	-200.0	187.5	450.0	70.15	2
Pablo Emiliano Borja Padierna	GTO	M-SJR-U	65.50	66	155.0	-162.5	165.0	165.0	75.0	82.5	87.5	87.5	-180.0	195.0	-210.0	195.0	447.5	70.04	3
Carlos Choperena Delgado	BCS	M-SJR-U	64.70	66	145.0	155.0	162.5	162.5	85.0	97.5	-100.0	97.5	165.0	175.0	180.0	180.0	440.0	69.32	4
Jesus Manuel Rojo Valenzuela	SIN	M-SJR-U	62.30	66	150.0	160.0	167.5	167.5	-87.5	87.5	-95.0	87.5	157.5	165.0	172.5	172.5	427.5	68.71	5
Fernando Cuevas Rubio	MER	M-SJR-U	64.70	66	150.0	157.5	-162.5	157.5	92.5	-95.0		92.5	170.0	177.5	-190.0	177.5	427.5	67.35	6
José Antonio Pereira Dueñas	MER	M-SJR-U	64.40	66	140.0	150.0	-157.5	150.0	92.5	-97.5	97.5	97.5	155.0	162.5	-170.0	162.5	410.0	64.75	7
Luis ernesto ley soto	SON	M-SJR-U	65.30	66	135.0	145.0	-152.5	145.0	97.5	-102.5	-102.5	97.5	160.0	162.5	-170.0	162.5	405.0	63.49	8
Héctor Manuel Sanchez Ramirez	BC	M-SJR-U	63.80	66	127.5	135.0	142.5	142.5	75.0	80.0	-85.0	80.0	132.5	142.5	152.5	152.5	375.0	59.52	9
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Julio Cesar Ortiz Aldama	TAM	M-SJR-U	73.40	74	165.0	175.0	185.5	185.5	110.0	120.0	-125.5	120.0	190.0	210.5	215.0	215.0	520.5	76.74	1
Juan Manuel Basurto Hernandez	ZAC	M-SJR-U	72.10	74	147.5	155.0	160.0	160.0	117.5	122.5	126.0	126.0	170.0	180.0	-187.5	180.0	466.0	69.35	2
Jorge Emilio Zacarias Espinosa	TAB	M-SJR-U	73.80	74	162.5	167.5	-172.5	167.5	90.0	97.5	-100.0	97.5	150.0	160.0	170.0	170.0	435.0	63.95	3
Erik Misael Muñoz Ordaz	GTO	M-SJR-U	73.90	74	130.0	140.0	-142.5	140.0	80.0	-82.5	-82.5	80.0	152.5	165.0	-182.5	165.0	385.0	56.56	4
José Miguel Osorio Córdova	TAB	M-SJR-U	72.70	74	110.0	130.0	-137.5	130.0	85.0	95.0	100.0	100.0	125.0	135.0	147.5	147.5	377.5	55.93	5



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Carlos Ismael Soto Gamoneda	MER	M-SJR-U	81.00	83	180.0	195.0	205.0	205.0	117.5	125.0	127.5	127.5	220.0	235.0	245.0	245.0	577.5	80.94	1
Cristian Omar Reyes Ventura	QRO	M-SJR-U	82.80	83	207.5	215.0	220.0	215.0	117.5	125.0	130.0	130.0	192.5	202.5	210.0	202.5	547.5	75.88	2
Andres Guzmán Dávila	TAM	M-SJR-U	81.30	83	160.0	162.5	185.0	185.0	110.0	122.5	122.5	110.0	215.0	227.5	235.5	235.5	530.5	74.21	3
Alex Fabricio Sánchez Camacho	SIN	M-SJR-U	81.00	83	180.0	192.5	202.5	202.5	100.0	107.5	115.0	107.5	200.0	215.0	220.0	215.0	525.0	73.58	4
Alan martin Gil kawaminami	SON	M-SJR-U	82.40	83	160.0	170.0	180.0	180.0	122.5	130.0	135.0	122.5	200.0	210.0	215.0	200.0	502.5	69.81	5
Alonso Gutiérrez Nájera	CDMX	M-SJR-U	81.10	83	160.0	175.0	185.0	185.0	90.0	105.0	107.5	105.0	160.0	180.0	192.5	180.0	470.0	65.83	6
Juan Pablo Moreno Paniagua	DUR	M-SJR-U	79.30	83	170.0	185.0	200.0	185.0	92.5	102.5	102.5	92.5	165.0	185.0	200.0	185.0	462.5	65.52	7
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Pedro Andre Hernández Acosta	BC	M-SJR-U	91.50	93	197.5	210.0	222.5	222.5	105.0	112.5	115.0	115.0	230.0	237.5	242.5	242.5	580.0	76.48	1
Andrés Paz	NL	M-SJR-U	90.20	93	195.0	202.5	207.5	207.5	105.0	112.5	117.5	117.5	230.0	240.0	252.5	252.5	577.5	76.69	2
Joaquín Otoniel Osorio Cerna	COL	M-SJR-U	89.50	93	205.0	215.0	225.5	225.5	102.5	110.0	112.5	112.5	215.0	230.0	237.5	230.0	568.0	75.72	3
Alvarado	COA	M-SJR-U	92.00	93	180.0	195.0	195.0	195.0	135.0	135.0	145.0	135.0	220.0	230.0	235.0	230.0	560.0	73.65	4
Jesus Santiago Zuñiga Jimenez	BC	M-SJR-U	91.30	93	195.0	207.5	207.5	195.0	110.0	117.5	122.5	122.5	215.0	222.5	222.5	222.5	540.0	71.28	5
Juan Lazaro Cohuo San Martín	QROO	M-SJR-U	88.40	93	155.0	162.5	162.5	162.5	95.0	105.0	110.0	105.0	185.0	195.0	200.0	200.0	467.5	62.70	6
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Romeo Fernandez Romero	BCS	M-SJR-U	105.00	105	215.0	220.0	227.5	227.5	125.0	130.5	130.5	125.0	227.5	247.5	260.0	247.5	600.0	74.08	1
Alonso Gonzalez Armenta	SIN	M-SJR-U	102.30	105	180.0	190.0	200.0	200.0	80.0	87.5	95.0	95.0	210.0	222.5	230.0	230.0	525.0	65.61	2



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Varonil Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Pablo Antonio Castillo Bravo	VER	M-JR-U	58.20	59	155.0	165.0	172.5	172.5	100.0	-107.5	107.5	107.5	-180.0	185.0	197.5	197.5	477.5	79.59	1
Ángel Cruz Figueroa	OAX	M-JR-U	58.60	59	150.0	162.5	170.0	170.0	85.0	92.5	97.5	97.5	195.0	202.5	-211.0	202.5	470.0	78.06	2
Mauricio Axle Mendicuti	MER	M-JR-U	58.00	59	-140.0	152.5	162.5	162.5	90.0	95.0	-102.5	95.0	160.0	180.0	187.5	187.5	445.0	74.31	3
José Francisco Martínez Ramirez	SON	M-JR-U	57.80	59	140.0	-150.0	-150.0	140.0	115.0	-120.0	-120.0	115.0	180.0	-190.0	-190.0	180.0	435.0	72.78	4
Jose Alfredo Ramos Meraz	BCS	M-JR-U	58.60	59	130.0	140.0	-150.0	140.0	85.0	92.5	97.5	97.5	160.0	167.5	172.5	172.5	410.0	68.09	5
Sergio Terriquez Barbosa	CO	M-JR-U	59.00	59	125.0	145.0	-155.0	145.0	65.0	75.0	82.5	82.5	120.0	150.0	-170.0	150.0	377.5	62.47	6
Yair Tonatui López Laimon	CDMX	M-JR-U	58.40	59	125.0	135.0	-152.5	135.0	55.0	65.0	-72.5	65.0	135.0	145.0	160.0	160.0	360.0	59.90	7
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jesus Israel Cruz Encinas	SON	M-JR-U	65.90	66	225.0	240.0	-250.0	240.0	145.0	152.5	-155.0	152.5	-230.0	230.0	-250.0	230.0	622.5	97.12	1
Julio Saucedo Márquez	CHI	M-JR-U	64.80	66	200.0	212.5	220.0	220.0	125.0	-130.0	-130.0	125.0	240.0	252.5	-260.0	252.5	597.5	94.05	2
Osmar Hernández Peña	BC	M-JR-U	65.80	66	157.5	167.5	180.0	180.0	95.0	-102.5	102.5	102.5	-200.0	210.0	220.0	220.0	502.5	78.46	3
Ian Carlo Falcón Cedillo	CDMX	M-JR-U	65.50	66	160.0	170.0	180.0	180.0	100.0	105.0	-107.5	105.0	-200.0	200.0	-207.5	200.0	485.0	75.91	4
Jaime Silva Salvatierra	BCS	M-JR-U	65.30	66	160.0	170.0	175.0	175.0	95.0	-102.5	-102.5	95.0	195.0	207.5	-215.0	207.5	477.5	74.86	5
Sammy Ojenz Benitez	BC	M-JR-U	66.00	66	162.5	-167.5	-167.5	162.5	90.0	-95.0	-95.0	90.0	195.0	205.0	-215.0	205.0	457.5	71.32	6
Diego Armando Borja Padierna	GTO	M-JR-U	65.60	66	137.5	-147.5	-150.0	137.5	-95.0	95.0	-102.5	95.0	180.0	190.0	202.5	202.5	435.0	68.03	7
Pedro Mauricio Díaz González	ZAC	M-JR-U	65.00	66	132.5	137.5	145.0	145.0	67.5	72.5	75.0	75.0	180.0	190.0	-202.5	190.0	410.0	64.43	8
Obed Alfonso Cruz Figueroa	OAX	M-JR-U	65.60	66	140.0	152.5	155.0	155.0	87.5	-95.0	95.0	95.0	132.5	145.0	-152.5	145.0	395.0	61.77	9
Marco Julio Verduzco Alvarez	SIN	M-JR-U	61.80	66	155.0	165.0	170.0	170.0	-75.0	-85.0	-85.0	0.0	170.0	182.5	190.0	190.0	0.0	0.00	
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jesus Abraham Amado Guillen	BC	M-JR-U	73.50	74	200.0	215.0	225.5	225.5	140.0	147.5	152.0	152.0	252.5	282.0	290.0	290.0	667.5	98.34	1
Jose Manuel Peniche Gongora	MER	M-JR-U	72.60	74	210.0	220.0	-230.0	220.0	132.5	137.5	140.0	140.0	215.0	225.0	-232.5	225.0	585.0	86.74	2
Octavio Alonso Mendoza Peralta	CDMX	M-JR-U	72.70	74	205.0	213.0	222.5	222.5	107.5	112.5	117.5	117.5	220.0	-230.0	237.5	237.5	577.5	85.57	3
Bryant Alexis Maldonado Gomez	CHI	M-JR-U	73.70	74	190.0	200.0	-207.5	200.0	130.0	135.0	-137.5	135.0	-240.0	240.0	-252.5	240.0	575.0	84.59	4
Leonel Alejandro Soriano Valencia	COL	M-JR-U	73.80	74	190.0	207.5	-215.0	207.5	115.0	-120.0	-120.0	115.0	212.5	225.0	235.0	235.0	557.5	81.96	5
Luis David Uribe Liceaga	BC	M-JR-U	72.80	74	185.0	195.0	205.0	205.0	135.0	-142.5	142.5	142.5	190.0	205.0	-220.0	205.0	552.5	81.80	6
Víctor Manuel Ramos Alamilla	MER	M-JR-U	70.30	74	192.5	202.5	210.0	210.0	102.5	110.0	-112.5	110.0	215.0	230.0	-240.0	230.0	550.0	82.93	7
Daniel Alberto Santana Gomez	SON	M-JR-U	71.60	74	180.0	192.5	200.0	200.0	127.5	132.5	-137.5	132.5	207.5	210.0	215.0	215.0	547.5	81.77	8
Luis Fernando Guzman Lopez	CDMX	M-JR-U	73.00	74	180.0	195.0	200.0	200.0	112.5	125.0	-132.5	125.0	180.0	200.0	205.0	205.0	530.0	78.36	9
Santiago Armando Mondragón Vega	COL	M-JR-U	73.40	74	172.5	185.0	190.0	190.0	102.5	110.0	115.0	115.0	200.0	215.0	220.0	220.0	525.0	77.40	10
Josue Alejandro Montano Hernandez	ZAC	M-JR-U	71.60	74	185.0	195.0	200.0	200.0	112.5	-117.5		112.5	-195.0	195.0	205.0	205.0	517.5	77.29	11
Carlos Armando Lara Segovia	CDMX	M-JR-U	72.80	74	145.0	157.5	165.0	165.0	125.0	-130.0	130.0	130.0	192.5	205.0	215.0	215.0	510.0	75.51	12
César Ivan Sedano Lopez	SIN	M-JR-U	73.60	74	190.0	200.0	207.5	207.5	85.0	90.0	-92.5	90.0	210.0	-220.0	-220.0	210.0	507.5	74.72	13
JESUS HERNANDO GARCIA GUERRERO	CDMX	M-JR-U	73.00	74	-165.0	165.0	180.0	180.0	100.0	110.0	-120.0	110.0	190.0	200.0	-205.0	200.0	490.0	72.45	14
Josue Liceaga Iepe	HI	M-JR-U	72.30	74	175.0	-195.0	-200.0	175.0	95.0	100.0	-102.5	100.0	197.5	210.0	-215.0	210.0	485.0	72.07	15
Bryan abdeli Gomez Gonzalez	BCS	M-JR-U	73.00	74	170.0	177.5	182.5	182.5	-90.0	90.0	100.0	100.0	170.0	180.0	200.0	200.0	482.5	71.34	16
Luis Antonio Motezuma Espinoza	HI	M-JR-U	69.30	74	150.0	-162.5	-162.5	150.0	85.0	100.0	-105.0	100.0	190.0	200.0	205.0	205.0	455.0	69.13	17



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Kevin Ontiveros	CHI	M-JR-U	83.00	83	-250.0	-250.0	250.5	250.5	145.0	152.5	155.0	155.0	250.0	257.5	262.5	262.5	668.0	92.47	1
Jorge Alonso Guzman Morales	BCS	M-JR-U	82.00	83	205.0	220.0	235.0	235.0	135.0	142.5	-145.0	142.5	245.0	265.0	282.5	282.5	660.0	91.92	2
Alan Francisco Vivanco Estrada	CHI	M-JR-U	82.20	83	225.0	235.0	240.0	240.0	155.0	160.0	162.5	162.5	245.0	257.5	-267.5	257.5	660.0	91.81	3
Emmanuel Peña Beltran	SIN	M-JR-U	82.90	83	205.0	215.0	220.0	220.0	120.0	127.5	-132.5	127.5	240.0	255.0	260.0	260.0	607.5	84.15	4
Yahir Alejandro Arias Osuna	SIN	M-JR-U	82.20	83	235.0	-240.0	-240.0	235.0	120.0	-130.0	-130.0	120.0	225.0	235.0	242.5	242.5	597.5	83.12	5
Jorge Alberto Gorian Montealegre	CAM	M-JR-U	80.30	83	185.0	195.0	200.0	200.0	120.0	125.0	127.5	127.5	240.0	255.0	265.0	265.0	592.5	83.41	6
Julián Javier Santiago Cortes	CDMX	M-JR-U	80.40	83	185.0	195.0	-205.0	195.0	127.5	-132.5	-132.5	127.5	220.0	230.0	-240.0	230.0	552.5	77.73	7
Diego Bejarano Vargas	CDMX	M-JR-U	83.00	83	180.0	190.0	202.5	202.5	95.0	102.5	105.0	105.0	210.0	220.0	232.5	232.5	540.0	74.75	8
Juan García	ZAC	M-JR-U	81.80	83	195.0	202.5	-217.5	202.5	110.0	120.0	-127.5	120.0	200.0	215.0	-225.0	215.0	537.5	74.95	9
Emmanuel Zepeda Salinas	TAM	M-JR-U	81.90	83	167.5	180.0	185.0	185.0	130.0	137.5	-142.5	137.5	190.0	-200.0	205.0	205.0	527.5	73.51	10
Alejandro González Aguirre	ZAC	M-JR-U	82.30	83	165.0	175.0	182.5	182.5	-100.0	105.0	110.0	110.0	177.5	190.0	200.0	200.0	492.5	68.47	11
Alejandro Zamudio Yacamán	CDMX	M-JR-U	75.90	83	160.0	175.0	-180.0	175.0	-100.0	-105.0	105.0	105.0	195.0	210.0	-215.0	210.0	490.0	71.00	12
Miguel Alexander Chablé Euán	MER	M-JR-U	81.80	83	180.0	-200.0	-200.0	180.0	-70.0	70.0	90.0	90.0	200.0	210.0	215.0	215.0	485.0	67.63	13
Angel Francisco Olivas Peña	BCS	M-JR-U	78.60	83	160.0	175.0	180.0	180.0	100.0	110.0	-115.0	110.0	170.0	185.0	192.5	192.5	482.5	68.67	14
Isaacrogeth Ojendiz Benítez	BCS	M-JR-U	81.70	83	160.0	-170.0	-170.0	160.0	92.5	95.0	97.5	97.5	202.5	215.0	220.0	220.0	477.5	66.63	15
Sergio Isaac Iozano Lopez	SIN	M-JR-U	82.30	83	155.0	165.0	172.5	172.5	-105.0	105.0	107.5	107.5	170.0	-180.0	-180.0	170.0	450.0	62.56	16
Antonio Rentería Cuevas	ZAC	M-JR-U	82.00	83	-145.0	145.0	155.0	145.0	75.0	80.0	82.5	82.5	195.0	200.0	-205.0	200.0	427.5	59.54	17
Cesar Augusto Lopez Segura	CHI	M-JR-U	77.50	83	130.0	-140.0	140.0	140.0	90.0	100.0	-107.5	100.0	150.0	160.0	170.0	170.0	410.0	58.77	18
Erick Diego Gutiérrez Becerril	CDMX	M-JR-U	80.80	83	-180.0	-180.0	-180.0	0.0	100.0	-102.5	-102.5	100.0	175.0	180.0	190.0	190.0	0.0	0.00	
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Juan Carlos de León Flores	JAL	M-JR-U	90.50	93	245.0	260.0	280.0	280.0	140.0	157.5	162.5	162.5	255.0	270.0	-290.0	270.0	712.5	94.46	1
Ricardo Palacios Ramírez	JAL	M-JR-U	89.20	93	217.5	235.0	242.5	242.5	-150.0	150.0	-152.5	150.0	267.5	282.5	-288.0	282.5	675.0	90.13	2
Marcial Fernando Camacho Dominguez	SIN	M-JR-U	91.40	93	225.0	-235.0	-235.0	225.0	135.0	140.0	145.0	145.0	260.0	-270.0	-270.0	260.0	630.0	83.12	3
Jorge Luis Marroquín Reyes	SON	M-JR-U	92.50	93	210.0	220.0	-230.0	220.0	120.0	-125.0	-125.0	120.0	270.0	285.0	290.0	290.0	630.0	82.63	4
José Miguel Salinas Espinoza	SON	M-JR-U	90.60	93	195.0	205.0	212.5	212.5	130.0	135.0	-140.0	135.0	205.0	215.0	-217.5	215.0	562.5	74.54	5
Axel David Ibarra Astorga	SIN	M-JR-U	91.80	93	200.0	205.0	-210.0	205.0	127.5	-130.0	-130.0	127.5	230.0	-245.0	-245.0	230.0	562.5	74.06	6
Jose María Paniagua Aguilera	DUR	M-JR-U	88.10	93	182.5	195.0	207.5	207.5	107.5	115.0	-122.5	115.0	200.0	215.0	235.0	235.0	557.5	74.90	7
Emilio González	MER	M-JR-U	89.70	93	175.0	187.5	195.0	195.0	125.0	135.0	140.0	140.0	190.0	207.5	215.0	215.0	550.0	73.24	8
Juan Manuel Medina Alamea	SON	M-JR-U	92.10	93	170.0	185.0	-200.0	185.0	120.0	125.0	-130.0	125.0	207.5	220.0	235.0	235.0	545.0	71.64	9
Guillermo daniel ojeda jimenez	NAY	M-JR-U	90.90	93	185.0	195.0	-200.0	195.0	107.5	115.0	-125.0	115.0	215.0	230.0	-242.5	230.0	540.0	71.44	10
Miguel Ángel Morales Reyes	COA	M-JR-U	92.70	93	185.0	200.0	-215.0	200.0	105.0	117.5	-120.0	117.5	220.0	-235.0	-240.0	220.0	537.5	70.43	11
Luis Fernando Orozco Penilla	MER	M-JR-U	91.50	93	-160.0	170.0	-180.0	170.0	115.0	120.0	-125.0	120.0	210.0	225.0	240.0	240.0	530.0	69.89	12
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Diego Octavio Salgado Saldaña	CHI	M-JR-U	103.40	105	275.0	287.5	300.0	300.0	177.5	187.5	192.5	192.5	297.5	312.5	-322.5	312.5	805.0	100.10	1
José Sánchez Báez	SIN	M-JR-U	102.40	105	255.0	262.5	-270.0	262.5	167.5	-172.5	-172.5	167.5	255.0	260.0	-270.0	260.0	690.0	86.20	2
Alejandro Yair Castro Lamarque	GTO	M-JR-U	98.10	105	220.0	230.0	235.0	235.0	150.0	-160.0	-160.0	150.0	237.5	250.0	-260.0	250.0	635.0	80.96	3
Erik Giovanni Perez Enriquez	SON	M-JR-U	104.20	105	210.0	225.0	240.0	240.0	110.0	115.0	120.0	120.0	220.0	240.0	-250.0	240.0	600.0	74.34	4
Zackiel Emiliano Martínez Juarez	CDMX	M-JR-U	101.00	105	-180.0	197.5	200.0	200.0	115.0	120.0	125.0	125.0	237.5	247.5	-255.0	247.5	572.5	71.98	5
Mariano Escobar Gutiérrez	BCS	M-JR-U	102.00	105	195.0	-205.0	-207.5	195.0	100.0	110.0	-115.0	110.0	190.0	205.0	212.5	212.5	517.5	64.77	6
Daniel Bermúdez López	SIN	M-JR-U	105.00	105	180.0	190.0	-200.0	190.0	-110.0	110.0	-115.0	110.0	180.0	190.0	-200.0	190.0	490.0	60.50	7
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Alonso Emmanuel Orozco Rascón	CHI	M-JR-U	111.80	120	167.5	177.5	190.0	190.0	142.5	150.0	-155.0	150.0	240.0	250.0	260.0	260.0	600.0	71.98	1
Alberto Valenzuela García	SON	M-JR-U	118.80	120	205.0	215.0	-220.0	215.0	110.0	117.5	120.0	120.0	210.0	-215.0	-215.0	210.0	545.0	63.63	2
Carlos Alonso Ramos Orendain	NAY	M-JR-U	113.60	120	155.0	170.0	175.0	175.0	95.0	-107.5	-107.5	95.0	175.0	190.0	-210.0	190.0	460.0	54.79	3
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Rodolfo Guzmán Flores	NL	M-JR-U	128.80	120+	225.0	235.0	250.0	250.0	145.0	155.0	-160.0	155.0	260.0	275.0	285.0	285.0	690.0	77.82	1
Santiago Peltier Castillo	AGS	M-JR-U	131.90	120+	182.5	202.5	215.0	215.0	105.0	-110.0	-110.0	105.0	190.0	205.0	217.5	217.5	537.5	60.02	2



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Varonil Open (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
César Eduardo Rodríguez Torres	NL	M-O-U	58.60	59	175.0	182.5	-187.5	182.5	105.0	112.5	117.5	117.5	200.0	210.0	-217.5	210.0	510.0	84.70	1
Erik Rodrigo Uh Huchim	MER	M-O-U	57.70	59	120.0	130.0	-140.0	130.0	80.0	85.0	-87.5	85.0	140.0	147.5	155.0	155.0	370.0	61.96	2

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Aleck Maximiliano Robles Pablos	SON	M-O-U	65.30	66	195.0	207.5	-212.5	207.5	122.5	125.0	127.5	127.5	232.5	250.0	-255.0	250.0	585.0	91.71	1
Luis Fernando ONOFRE Díaz	QRO	M-O-U	65.50	66	-177.5	182.5	185.0	185.0	105.0	107.5	-110.0	107.5	210.0	217.5	222.5	222.5	515.0	80.60	2
Carlos Alberto Enciso Mejía	JAL	M-O-U	64.80	66	150.0	160.0	-165.0	160.0	115.0	122.5	125.0	125.0	205.0	215.0	-230.0	215.0	500.0	78.70	3
Erick David Morales Montoya	SIN	M-O-U	65.50	66	160.0	167.5	172.5	172.5	115.0	-117.5	117.5	117.5	180.0	190.0	-200.0	190.0	480.0	75.13	4
WILLIAM JOSÉ CRUZ MENA	QRO	M-O-U	64.90	66	160.0	165.0	-170.0	165.0	95.0	102.5	105.0	105.0	185.0	190.0	197.5	197.5	467.5	73.53	5
Williams Hernández Cervantes	CDMX	M-O-U	64.90	66	140.0	150.0	-155.0	150.0	90.0	-102.5	102.5	102.5	190.0	200.0	207.5	207.5	460.0	72.35	6
Fabrizio de Dios Medina Avelar	JAL	M-O-U	65.70	66	130.0	140.0	150.0	150.0	107.5	-117.5	-117.5	107.5	-170.0	170.0	180.0	180.0	437.5	68.36	7
Félix Ricardo Botello Urrutia	NL	M-O-U	64.20	66	140.0	-150.0	150.0	150.0	90.0	-95.0	-95.0	90.0	185.0	192.5	-197.5	192.5	432.5	68.42	8
Alexis Ortiz Alvarado	NL	M-O-U	62.00	66	132.5	140.0	145.0	145.0	82.5	87.5	-90.0	87.5	165.0	172.5	180.0	180.0	412.5	66.47	9

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jimenez Quintero Santos Gabriel	SONORA	M-O-U	73.80	74	200.0	217.5	232.5	232.5	157.5	167.5	175.0	175.0	-245.0	265.0	-285.0	265.0	672.5	98.87	1
Alejandro Cubillas	BC	M-O-U	72.50	74	207.5	220.0	230.0	230.0	150.0	157.5	160.0	160.0	235.0	255.0	-270.0	255.0	645.0	95.71	2
Gabriel Sierra Segovia	MER	M-O-U	73.30	74	225.0	240.0	247.5	247.5	137.5	142.5	145.0	145.0	250.0	-267.5	-270.0	250.0	642.5	94.79	3
Kevin Acevedo Rosas	CDMX	M-O-U	73.60	74	230.0	237.5	-240.0	237.5	132.5	137.5	140.0	140.0	245.0	252.5	-257.5	252.5	630.0	92.75	4
Joshua A. Aboytes Ruiz	QRO	M-O-U	72.60	74	-215.0	222.5	-225.0	222.5	137.5	142.5	-147.5	142.5	260.0	0.0	0.0	260.0	625.0	92.67	5
Michael Pelaez Espino	MER	M-O-U	73.30	74	202.5	212.5	217.5	217.5	152.5	160.0	162.5	162.5	245.0	-255.0	-255.0	245.0	625.0	92.21	6
Carlos Eduardo Martínez Romero	EDOMEX	M-O-U	73.10	74	185.0	195.0	207.5	207.5	137.5	147.5	150.0	150.0	215.0	230.0	-242.5	230.0	587.5	86.80	7
José de Jesús Alvarado Luna	CDMX	M-O-U	71.70	74	175.0	185.0	190.0	190.0	127.5	135.0	-137.5	135.0	192.5	207.5	220.0	220.0	545.0	81.34	8
Marcos Donald Martínez Miranda	EDOMEX	M-O-U	72.00	74	180.0	190.0	197.5	197.5	125.0	-135.0	135.0	135.0	200.0	210.0	-217.5	210.0	542.5	80.79	9
Omar Alejandro Villarreal Martell	COL	M-O-U	74.00	74	177.5	-192.5	195.0	195.0	122.5	127.5	-130.0	127.5	200.0	212.5	-215.0	212.5	535.0	78.54	10
Francisco de Jesus Galvan Ruiz	ZAC	M-O-U	69.00	74	165.0	175.0	185.0	185.0	110.0	-120.0	120.0	120.0	190.0	205.0	210.0	210.0	515.0	78.42	11
Iván Edilberto Cruz García		M-O-U	71.00	74	160.0	177.5	-192.5	177.5	112.5	120.0	127.5	127.5	190.0	207.5	-212.5	207.5	512.5	76.88	12
Eduardo Antonio Osorio Virgen	COL	M-O-U	72.30	74	140.0	150.0	160.0	160.0	102.5	-107.5	-112.5	102.5	180.0	190.0	200.0	200.0	462.5	68.73	13
Roberto Azael Monroy Ruiz	MER	M-O-U	73.30	74	130.0	135.0	-140.0	135.0	87.5	-92.5	-95.0	87.5	152.5	162.5	170.0	170.0	392.5	57.91	14
daniel alejandro chacon narvaez	MER	M-O-U	69.70	74	145.0	0.0	0.0	145.0	-85.0	0.0	0.0	0.0	-170.0	0.0	0.0	0.0	0.0	0.00	
Eduardo Sánchez Alvarado	EDOMEX	M-O-U	72.80	74	135.0	145.0	-155.0	145.0	-100.0	-100.0	-100.0	0.0	190.0	-200.0	-200.0	190.0	0.0	0.00	
Andres Lozano Garcia	JAL	M-O-U	73.20	74	-160.0	-162.5	165.0	165.0	-95.0	-95.0	0.0	0.0	210.0	-220.0	-220.0	210.0	0.0	0.00	
Cesar Israel Cabrera Venegas	NAY	M-O-U	74.00	74	-187.5	-187.5	-187.5	0.0	105.0	107.5	-110.0	107.5	230.0	235.0	-237.5	235.0	0.0	0.00	



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Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Anthony Alexander Ramirez Abrego	BC	M-O-U	80.10	83	215.0	227.5	240.0	240.0	137.5	-145.0	145.0	145.0	-275.0	290.0	305.0	305.0	690.0	97.25	1
Diego Fernando Ramirez Cruz	EDOMEX	M-O-U	82.60	83	220.0	235.0	242.5	242.5	150.0	157.5	162.5	162.5	265.0	285.0	-290.0	285.0	690.0	95.75	2
gerardo islas sanchez	CDMX	M-O-U	82.30	83	212.5	227.5	235.0	235.0	130.0	137.5	140.0	140.0	265.0	287.5	-310.5	287.5	662.5	92.10	3
Kevin Alan Favela Popoca	EDOMEX	M-O-U	82.80	83	210.0	225.0	232.5	232.5	150.0	157.5	165.0	165.0	235.0	250.0	-270.0	250.0	647.5	89.74	4
Elber montes	MER	M-O-U	82.40	83	235.0	245.0	252.5	252.5	130.0	135.0	137.5	137.5	255.0	-270.0	-270.0	255.0	645.0	89.61	5
Sonni Antonio Garcia Iñigo	SON	M-O-U	82.10	83	220.0	230.0	-240.0	230.0	147.5	-157.5	162.5	162.5	220.0	232.5	250.0	250.0	642.5	89.43	6
Rodrigo Aguilar Velazquez	CDMX	M-O-U	79.30	83	225.0	235.0	-245.0	235.0	135.0	-140.0	-140.0	135.0	270.0	-285.0	-285.0	270.0	640.0	90.67	7
Gerardo Garcia Velez	COA	M-O-U	82.50	83	-225.0	240.0	-251.0	240.0	145.0	155.0	162.5	162.5	220.0	-235.0	-235.0	220.0	622.5	86.43	8
MARIO ADOLFO OBESO MIRELES	ZAC	M-O-U	81.40	83	200.0	215.0	225.0	225.0	127.5	137.5	140.0	140.0	220.0	240.0	255.0	255.0	620.0	86.67	9
Christian Jair Rueda Figueroa	CDMX	M-O-U	82.10	83	200.0	210.0	220.0	220.0	127.5	135.0	140.0	140.0	245.0	252.5	-260.0	252.5	612.5	85.26	10
Manuel Alejandro Jimenez Perez	MOR	M-O-U	81.70	83	190.0	200.0	210.0	210.0	140.0	145.0	-147.5	145.0	245.0	255.0	-262.5	255.0	610.0	85.12	11
FABIO DANIEL SALAS OLACHEA	BC	M-O-U	81.60	83	-210.0	215.0	230.0	230.0	140.0	-147.5	-147.5	140.0	215.0	230.0	-240.0	230.0	600.0	83.77	12
Aaron Husai Pool Gutierrez	MER	M-O-U	81.60	83	190.0	-202.5	-212.5	190.0	137.5	145.0	-147.5	145.0	200.0	215.0	230.0	230.0	565.0	78.89	13
Luis Andres Ocampo Romero	QROO	M-O-U	82.10	83	180.0	192.5	197.5	197.5	127.5	132.5	140.0	140.0	210.0	220.0	227.5	227.5	565.0	78.64	14
Ramon Alejo Barabato	MER	M-O-U	81.30	83	195.0	197.5	200.0	200.0	110.0	115.0	-120.0	115.0	215.0	225.0	230.0	230.0	545.0	76.24	15
Luis Manuel Martinez Damaso	UNAM	M-O-U	82.20	83	200.0	-210.0	-210.0	200.0	130.0	135.0	-140.0	135.0	-210.0	-210.0	210.0	210.0	545.0	75.81	16
Carlos Garcia Gutierrez	MICH	M-O-U	82.30	83	175.0	182.5	187.5	187.5	102.5	110.0	-115.0	110.0	-205.0	205.0	222.5	222.5	520.0	72.29	17
Brandon Rios Alvarez	COL	M-O-U	82.50	83	182.5	192.5	200.0	200.0	92.5	102.5	110.0	110.0	182.5	195.0	207.5	207.5	517.5	71.85	18
Saul Mendoza Ibañez	EDOMEX	M-O-U	81.90	83	-165.0	175.0	190.0	190.0	117.5	125.0	-132.5	125.0	165.0	190.0	-225.0	190.0	505.0	70.38	19
Xavier Orlando Garcia Arredondo	ZAC	M-O-U	81.90	83	-167.5	175.0	180.0	180.0	100.0	110.0	-120.0	110.0	180.0	200.0	210.0	210.0	500.0	69.68	20
Enrique Escalante abad	MER	M-O-U	75.20	83	165.0	172.5	180.0	180.0	110.0	117.5	122.5	122.5	180.0	192.5	-200.0	192.5	495.0	72.07	21
Juan Manuel Barroso Basto	MER	M-O-U	81.80	83	165.0	175.0	-185.0	175.0	87.5	92.5	100.0	100.0	190.0	200.0	210.0	210.0	485.0	67.63	22
Omar Orlando Ortega Moreno	CDMX	M-O-U	82.70	83	190.0	-202.5	-202.5	190.0	-135.0	-135.0	135.0	135.0	-210.0	-210.0	-210.0	0.0	0.0	0.00	



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Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jovanny Raúl Hernández Ramírez	CDMX	M-O-U	91.80	93	252.5	267.5	-272.5	267.5	125.0	132.5	135.0	135.0	267.5	287.5	-292.5	287.5	690.0	90.84	1
Ivan Alexis Serrano Solorio	SON	M-O-U	91.20	93	247.5	255.0	262.5	262.5	160.0	167.5	170.0	170.0	240.0	255.0	-262.5	255.0	687.5	90.80	2
Israel Fernández Matos	YCT	M-O-U	87.50	93	210.0	227.5	240.0	240.0	147.5	152.5	155.0	155.0	255.0	272.5	280.0	280.0	675.0	91.00	3
Jaime David Figueroa Moreno	SON	M-O-U	92.10	93	230.0	240.0	250.0	250.0	150.0	160.0	165.0	165.0	260.0	-270.0	-270.0	260.0	675.0	88.72	4
Eduardo Rodríguez Muñoz	AGS	M-O-U	92.90	93	240.0	250.0	-260.0	250.0	145.0	-150.0	150.0	150.0	255.0	-275.0	275.0	275.0	675.0	88.35	5
Miguel angel Ramirez Valdez	QROO	M-O-U	92.20	93	220.0	235.0	250.0	250.0	160.0	167.5	172.5	172.5	230.0	245.0	-252.5	245.0	667.5	87.69	6
Heimdall Ceja Pliego	YCT	M-O-U	92.70	93	230.0	245.0	260.0	260.0	125.0	130.0	-140.0	130.0	245.0	260.0	-270.0	260.0	650.0	85.17	7
William Jaroslav Trujillo Moreno	CDMX	M-O-U	92.40	93	235.0	245.0	247.5	247.5	-145.0	145.0	-152.5	145.0	235.0	-245.0	-245.0	235.0	627.5	82.35	8
Mauricio Canto Almeida	CAM	M-O-U	92.20	93	227.5	240.0	250.0	250.0	120.0	125.0	130.0	130.0	227.5	240.0	-250.0	240.0	620.0	81.45	9
Rene Alberto Muñoz Olvera	CDMX	M-O-U	91.90	93	202.5	215.0	-220.0	215.0	150.0	-157.5	157.5	157.5	230.0	245.0	-255.0	245.0	617.5	81.25	10
Jorge Luis Coronado Díaz	JAL	M-O-U	91.20	93	180.0	190.0	200.0	200.0	130.0	137.5	140.0	140.0	250.0	267.5	275.0	275.0	615.0	81.23	11
Juan Jose Rodríguez Lopez	BC	M-O-U	92.00	93	212.5	220.0	0.0	220.0	137.5	142.5	-147.5	142.5	240.0	247.5	-255.0	247.5	610.0	80.22	12
Helio Miguel Peña Palacios	TAM	M-O-U	92.90	93	180.0	200.0	210.0	210.0	140.0	160.0	-165.0	160.0	220.0	240.0	-250.0	240.0	610.0	79.84	13
Christian Ramirez díaz	BCS	M-O-U	91.30	93	190.0	205.0	-212.5	205.0	135.0	142.5	-150.0	142.5	240.0	252.5	260.0	260.0	607.5	80.19	14
Fernando Plata Juárez	CDMX	M-O-U	88.90	93	195.0	205.0	215.0	215.0	130.0	137.5	140.0	140.0	230.0	240.0	-250.0	240.0	595.0	79.58	15
Omar Adolfo Carrillo Castro	JAL	M-O-U	89.90	93	200.0	-212.5	-212.5	200.0	137.5	142.5	145.0	145.0	215.0	232.5	-245.0	232.5	577.5	76.82	16
Jorge Enrique Rodríguez Rascon	SON	M-O-U	89.10	93	190.0	200.0	207.5	207.5	130.0	-137.5	140.0	140.0	225.0	-235.0	-235.0	225.0	572.5	76.49	17
Marcelino Noe Euan Medina	SON	M-O-U	92.90	93	195.0	200.0	205.0	205.0	145.0	147.5	-150.0	147.5	215.0	220.0	-225.0	220.0	572.5	74.93	18
Carlo Mauricio Matamoros Cabrera	YCT	M-O-U	88.40	93	-200.0	205.0	210.0	210.0	135.0	140.0	145.0	145.0	215.0	-222.5	-222.5	215.0	570.0	76.45	19
Jose Eduardo Fernandez Rincon	ZAC	M-O-U	92.80	93	195.0	205.0	-215.0	205.0	127.5	130.0	135.0	135.0	210.0	222.5	230.0	230.0	570.0	74.65	20
David Alexander Jiménez Euán	YCT	M-O-U	87.80	93	190.0	200.0	205.0	205.0	127.5	-132.5	-132.5	127.5	227.5	235.0	-242.5	235.0	567.5	76.37	21
Mario Fernando Garcia Pedrero	TAB	M-O-U	91.30	93	165.0	177.5	200.0	200.0	130.0	140.0	-147.5	140.0	180.0	195.0	207.5	207.5	547.5	72.27	22
Pablo Osvaldo Macías Mata	JAL	M-O-U	90.80	93	182.5	195.0	200.0	200.0	110.0	120.0	-127.5	120.0	205.0	-220.0	222.5	222.5	542.5	71.81	23
Jose Antonio Domínguez Cornejo	TAM	M-O-U	93.00	93	180.0	190.0	-195.0	190.0	120.0	125.0	127.5	127.5	205.0	215.0	222.5	222.5	540.0	70.64	24
Ricardo Alanis Obregon	NL	M-O-U	90.80	93	185.0	192.5	200.0	200.0	115.0	120.0	-125.0	120.0	200.0	-210.0	210.0	210.0	530.0	70.15	25
PEDRO VIDAL SANGUINO	MER	M-O-U	87.00	93	172.5	187.5	192.5	192.5	110.0	117.5	122.5	122.5	-210.0	210.0	-230.0	210.0	525.0	70.98	26
Felipe Herrera	MER	M-O-U	92.60	93	180.0	192.5	200.0	200.0	97.5	105.0	-107.5	105.0	190.0	205.0	-215.0	205.0	510.0	66.86	27
Raul Alberto Perez Lugo	MER	M-O-U	91.30	93	180.0	190.0	-190.0	190.0	95.0	100.0	102.5	102.5	170.0	180.0	-185.0	180.0	472.5	62.37	28
Daniel Cruz Rivas	CDMX	M-O-U	92.90	93	160.0	165.0	167.5	167.5	85.0	90.0	92.5	92.5	185.0	200.0	205.0	205.0	465.0	60.86	29
Diego Leon Hoyos	MER	M-O-U	91.20	93	152.5	160.0	167.5	167.5	105.0	110.0	-115.0	110.0	165.0	175.0	182.5	182.5	460.0	60.76	30
Javier Alejandro Chanona Parra	MER	M-O-U	91.20	93	152.5	165.0	170.0	170.0	90.0	95.0	-97.5	95.0	150.0	160.0	170.0	170.0	435.0	57.45	31
Benjamin Alexei Gomez Orozco	JAL	M-O-U	92.20	93	240.0	257.5	-270.0	257.5	-165.0	-165.0	165.0	165.0	-290.0	-290.0	0.0	0.0	0.0	0.00	



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Gabriel Garcia Corona	CDMX	M-O-U	96.80	105	287.5	-297.5	302.5	302.5	167.5	172.5	177.5	177.5	280.0	-295.0	-295.0	280.0	760.0	97.51	1
Victor Hugo Orozco Alvarez	NL	M-O-U	102.60	105	250.0	260.0	270.0	270.0	160.0	-162.5	-162.5	160.0	300.0	-302.5	315.0	315.0	745.0	92.98	2
Roberto Peltier Castillo	AGS	M-O-U	100.30	105	-267.5	282.5	-287.5	282.5	-165.0	172.5	175.0	175.0	282.5	-302.5	-302.5	282.5	740.0	93.35	3
Mauricio Rodriguez Velazquez	JAL	M-O-U	104.40	105	230.0	245.0	260.0	260.0	165.0	-175.0	-175.0	165.0	300.0	-302.5	-307.5	300.0	725.0	89.75	4
Roberto Carlos Cabrera Novelo	YUC	M-O-U	101.90	105	220.0	240.0	250.0	250.0	120.0	135.0	140.0	140.0	300.0	315.0	320.0	320.0	710.0	88.90	5
Bernardo Cazarez Duran	MICH	M-O-U	102.00	105	215.0	227.5	232.5	232.5	155.0	162.5	165.0	165.0	277.5	295.0	307.5	307.5	705.0	88.23	6
Erik Perez Fernandez	NL	M-O-U	104.00	105	260.0	267.5	-275.0	267.5	152.5	-157.5	157.5	157.5	265.0	270.0	-280.0	270.0	695.0	86.19	7
Arturo Axel Arredondo carrasco	EDOMEX	M-O-U	102.60	105	265.0	-270.0	272.5	272.5	145.0	-157.5	-157.5	145.0	240.0	250.0	260.0	260.0	677.5	84.56	8
Alan Tlila Velazquez	CDMX	M-O-U	100.20	105	-215.0	220.0	235.0	235.0	120.0	127.5	132.5	132.5	265.0	-277.5	277.5	277.5	645.0	81.41	9
Izhak Flores Cuadra	JAL	M-O-U	103.10	105	-235.0		235.0	235.0	160.0	170.0	-175.0	170.0	-215.0	220.0	230.0	230.0	635.0	79.07	10
Aldo Ernesto Heming Poot	YUC	M-O-U	94.00	105	207.5	215.0	222.5	222.5	130.0	135.0	-140.0	135.0	210.0	220.0	230.0	230.0	587.5	76.46	11
Felipe Arturo Saldaña Amezcuca	JAL	M-O-U	103.20	105	180.0	197.5	212.5	212.5	130.0	140.0	-147.5	140.0	190.0	207.5	225.0	225.0	577.5	71.88	12
Roberto Carlos	TAM	M-O-U	100.20	105	180.0	190.0	-200.0	190.0	110.0	120.0	-135.0	120.0	240.0	250.0	-260.0	250.0	560.0	70.68	13
Victor Cuauhtemoc Corona Aranzubia	SON	M-O-U	104.10	105	250.0	-255.0	-255.0	250.0	-190.0	-190.0	-190.0	0.0	-280.0	-280.0	-280.0	0.0	0.0	0.00	

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Pedro Pablo banda zapata	SLP	M-O-U	110.20	120	-240.0	-250.0	260.0	260.0	115.0	122.5	-130.0	122.5	245.0	255.0	262.5	262.5	645.0	77.88	1
Juan Alberto Sacramento Ornelas	JAL	M-O-U	116.30	120	205.0	-220.0	-220.0	205.0	120.0	130.0	140.0	140.0	230.0	245.0	-255.0	245.0	590.0	69.54	2

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Sergio Adrian Bernal Baez	SLP	M-O-U	129.10	120+	230.0	245.0	255.0	255.0	150.0	162.5	170.0	170.0	230.0	245.0	-255.0	245.0	670.0	75.49	1
Jorge Vega Muñoz	QROO	M-O-U	141.60	120+	235.0	240.0	252.5	252.5	140.0	145.0	-150.0	145.0	240.0	255.0	265.0	265.0	662.5	71.89	2
Arturo Javier Diaz Cervera	QROO	M-O-U	162.10	120+	215.0	225.0	235.0	235.0	125.0	130.0	-137.5	130.0	195.0	207.5	212.5	212.5	577.5	59.58	3
David Yarhi Lira	JAL	M-O-U	126.10	120+	190.0	-205.0	-205.0	190.0	110.0	120.0	-125.0	120.0	200.0	210.0	-220.0	210.0	520.0	59.17	4
Gustavo Alberto Sagahon Favela	YUC	M-O-U	134.90	120+	160.0	170.0	185.0	185.0	85.0	90.0	-92.5	90.0	170.0	185.0	200.0	200.0	475.0	52.56	5



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Varonil Master (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jose Alejandro chale Gonzalez	MER	M-M1-U	65.20	66	135.0	-150.0	150.0	150.0	87.5	95.0	-100.0	95.0	150.0	165.0	-185.0	165.0	410.0	64.33	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Carlos Andres Fernandez Gamboa	MER	M-M1-U	73.10	74	210.5	220.0	230.0	230.0	130.0	135.0	-140.0	135.0	210.0	220.0	225.0	225.0	590.0	87.17	1
Roberto Eugenio Rocha González	GTO	M-M1-U	71.90	74	155.0	165.0	177.5	177.5	92.5	95.0	-97.5	95.0	185.0	195.0	-200.0	195.0	467.5	69.67	2
Joan Manuel Mondragón Perez	COL	M-M1-U	73.00	74	122.5	130.0	137.5	137.5	100.0	107.5	-110.0	107.5	175.0	185.0	192.5	192.5	437.5	64.68	3
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
David Salgado Hernandez	CHI	M-M1-U	81.80	83	190.0	202.5	210.0	210.0	-135.0	135.0	137.5	137.5	-225.0	225.0	-230.0	225.0	572.5	79.84	1
Alejandro Morales Nieto	AGS	M-M1-U	82.90	83	180.0	192.5	-202.5	192.5	115.0	120.0	-122.5	120.0	-200.0	200.0	-210.0	200.0	512.5	70.99	2
Alain Usiel Mendoza Carrillo	JAL	M-M1-U	81.30	83	135.0	145.0	150.0	150.0	80.0	-90.0	-90.0	80.0	160.0	-170.0	170.0	170.0	400.0	55.95	3
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
RANGEL DAVID DURAN PARRA	MER	M-M1-U	88.20	93	175.0	185.0	192.5	192.5	110.0	115.0	-120.0	115.0	200.0	212.5	225.0	225.0	532.5	71.50	1
guzman solis luis enrique	SON	M-M1-U	91.50	93	175.0	180.0	185.0	185.0	100.0	-107.5	107.5	107.5	180.0	195.0	207.5	207.5	500.0	65.93	2
Daniel Velazquez Rocha	BC	M-M1-U	89.10	93	145.0	152.5	165.0	165.0	95.0	-105.0	-105.0	95.0	140.0	142.5	0.0	142.5	402.5	53.78	3
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Adolfo Gerardo Román	CO	M-M1-U	105.00	105	225.0	235.0	242.5	242.5	135.0	-145.0	145.0	145.0	225.0	235.0	246.5	246.5	634.0	78.28	1
Xavier IRAZU velazquez Hernandez	CDMX	M-M1-U	99.00	105	165.0	-175.0	-175.0	165.0	-142.5	-142.5	-142.5	0.0	200.0	210.0	220.0	220.0	0.0	0.00	
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Anibal Nava Martínez	AGS	M-M2-U	101.30	105	185.0	195.0	205.0	205.0	110.0	115.0	120.0	120.0	200.0	210.0	220.0	220.0	545.0	68.43	1
Gilberto Quintero Davila	JAL	M-M2-U	103.90	105	-150.0	150.0	-160.0	150.0	-100.0	100.0	105.0	105.0	190.0	-200.0	-200.0	190.0	445.0	55.21	2
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
JONATHAN MACÍAS FLORES	CDMX	M-M1-U	114.80	120	250.0	260.0	267.5	267.5	145.0	155.0	160.0	160.0	245.0	255.0	-260.0	255.0	682.5	80.90	1
Roberto Martínez Dávalos	CDMX	M-M1-U	119.80	120	225.0	237.5	250.0	250.0	135.0	-145.0	145.0	145.0	250.0	270.0	285.0	285.0	680.0	79.10	2
Bernabe Cubas Vargas	TAM	M-M1-U	117.10	120	245.0	260.0	-265.0	260.0	147.5	-152.5	-152.5	147.5	230.0	-240.0	240.0	240.0	647.5	76.08	3
Carlos Gilberto Gamboa Frías	MER	M-M1-U	117.00	120	-180.0	180.0	195.0	195.0	110.0	115.0	-120.0	115.0	200.0	212.5	-220.0	212.5	522.5	61.42	4
Guillermo Ortiz Caudillo	GTO	M-M1-U	109.00	120	-150.0	155.0	-165.0	155.0	75.0	80.0	-90.0	80.0	180.0	190.0	-200.0	190.0	425.0	51.57	5
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Luis Martín Gamez Vazquez	SLP	M-M1-U	136.40	120+	220.0	237.5	240.0	240.0	150.0	-173.0	-173.0	150.0	200.0	220.0	240.0	240.0	630.0	69.40	1



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Varonil (Equipado)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Oscar Enrique Barrera Aguirre	NL	M-O	73.10	74	220.0	230.0	-245.0	230.0	140.0	145.0	150.0	150.0	210.0	217.5	222.5	222.5	602.5	75.26	1
Agustín Sánchez Contreras	UNAM	M-O	73.90	74	222.5	240.0	-250.0	240.0	105.0	112.5	-117.5	112.5	230.0	-240.0	-252.5	230.0	582.5	72.25	2
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Jovani Vazquez Garcia	UNAM	M-O	82.00	83	180.0	-200.0	-200.0	180.0	100.0	110.0	140.0	140.0	180.0	210.0	215.0	215.0	535.0	62.22	1
Neri Vazquez Garcia	UNAM	M-O	79.20	83	150.0	165.0	170.0	170.0	80.0	90.0	95.0	95.0	160.0	175.0	-195.0	175.0	440.0	52.25	2
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Juan Jose Tamayo Fuentes	NL	M-O	92.00	93	262.5	285.0	-300.0	285.0	152.5	167.5	170.0	170.0	225.0	237.5	-240.0	237.5	692.5	75.53	1
Jonathan Alvarez Arrocena	CDMX	M-O	84.40	93	-177.5	177.5	-190.0	177.5	120.0	127.5	-135.0	127.5	170.0	180.0	-185.0	180.0	485.0	55.47	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
David Armando Soriano Lovera	CDMX	M-O	101.70	105	195.0	205.0	215.0	215.0	120.0	-130.0	-130.0	120.0	170.0	185.0	-192.5	185.0	520.0	53.94	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Marco Antonio Porras Arvizu	CDMX	M-O	114.70	120	282.5	302.5	312.5	312.5	212.5	217.5	225.0	225.0	240.0	255.0	282.5	282.5	820.0	80.68	1
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
José Manuel Loaiza Flores	CHI	M-M1	90.80	93	190.0	210.0	220.0	220.0	140.0	-155.0	165.0	165.0	200.0	220.0	-240.0	220.0	605.0	66.44	1
MARCO MANUEL REYES ARANO	CDMX	M-M1	89.20	93	230.0	240.0	-250.0	240.0	120.0	130.0	140.0	140.0	205.0	210.0	-220.0	210.0	590.0	65.42	2
Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	IPF GL Points	Place
Luis Antonio Ramírez Ochoa	CDMX	M-M2	106.50	120	220.0	235.0	250.0	250.0	120.0	130.0	140.0	140.0	205.0	-220.0	-220.0	205.0	595.0	60.43	1



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutos Varonil Sub Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Carlos Ismael Soto Gamoneda	MER	M-SJR-U	81.00	83	577.5	80.94	1
Felix Andrés Ortiz Cruz	SON	M-SJR-U	65.70	66	495.5	77.43	2
Julio Cesar Ortiz Aldama	TAM	M-SJR-U	73.40	74	520.5	76.74	3
Andrés Paz	NL	M-SJR-U	90.20	93	577.5	76.69	4
Pedro Andre Hernández Acosta	BC	M-SJR-U	91.50	93	580.0	76.48	5
Cristian Omar Reyes Ventura	QRO	M-SJR-U	82.80	83	547.5	75.88	6
Joaquín Otoniel Osorio Cerna	COL	M-SJR-U	89.50	93	568.0	75.72	7
Andres Guzmán Dávila	TAM	M-SJR-U	81.30	83	530.5	74.21	8
Romeo Fernandez Romero	BCS	M-SJR-U	105.00	105	600.0	74.08	9
Alvarado	COA	M-SJR-U	92.00	93	560.0	73.65	10
Alex Fabricio Sánchez Camacho	SIN	M-SJR-U	81.00	83	525.0	73.58	11
Jesus Santiago Zuñiga Jimenez	BC	M-SJR-U	91.30	93	540.0	71.28	12
Arturo Peraza Bacelis	MER	M-SJR-U	66.00	66	450.0	70.15	13
Pablo Emiliano Borja Padierna	GTO	M-SJR-U	65.50	66	447.5	70.04	14
Alan martin Gil kawaminami	SON	M-SJR-U	82.40	83	502.5	69.81	15
Juan Manuel Basurto Hernandez	ZAC	M-SJR-U	72.10	74	466.0	69.35	16
Carlos Choperena Delgado	BCS	M-SJR-U	64.70	66	440.0	69.32	17
Jesus Manuel Rojo Valenzuela	SIN	M-SJR-U	62.30	66	427.5	68.71	18
Fernando Cuevas Rubio	MER	M-SJR-U	64.70	66	427.5	67.35	19
Alonso Gutiérrez Nájera	CDMX	M-SJR-U	81.10	83	470.0	65.83	20
Alonso Gonzalez Armenta	SIN	M-SJR-U	102.30	105	525.0	65.61	21
Juan Pablo Moreno Paniagua	DUR	M-SJR-U	79.30	83	462.5	65.52	22
José Antonio Pereira Dueñas	MER	M-SJR-U	64.40	66	410.0	64.75	23
Valentín Camacho higuera	SIN	M-SJR-U	57.90	59	385.0	64.35	24
Jorge Emilio Zacarias Espinosa	TAB	M-SJR-U	73.80	74	435.0	63.95	25
Luis ernesto ley soto	SON	M-SJR-U	65.30	66	405.0	63.49	26
Juan Lazaro Cohuo San Martín	QROO	M-SJR-U	88.40	93	467.5	62.70	27
Héctor Manuel Sanchez Ramirez	BC	M-SJR-U	63.80	66	375.0	59.52	28
Erik Misael Muñoz Ordaz	GTO	M-SJR-U	73.90	74	385.0	56.56	29
José Miguel Osorio Córdova	TAB	M-SJR-U	72.70	74	377.5	55.93	30
José Antonio Peña Palacios	TAM	M-SJR-U	56.80	59	232.5	39.26	31
Daniel Velazquez Seseña	BC	M-SJR-U	52.70	53	150.0	26.37	32



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutos Varonil Junior (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Diego Octavio Salgado Saldaña	CHI	M-JR-U	103.40	105	805.0	100.10	1
Jesus Abraham Amado Guillen	BC	M-JR-U	73.50	74	667.5	98.34	2
Jesus Israel Cruz Encinas	SON	M-JR-U	65.90	66	622.5	97.12	3
Juan Carlos de León Flores	JAL	M-JR-U	90.50	93	712.5	94.46	4
Julio Saucedo Márquez	CHI	M-JR-U	64.80	66	597.5	94.05	5
Kevin Ontiveros	CHI	M-JR-U	83.00	83	668.0	92.47	6
Jorge Alonso Guzman Morales	BCS	M-JR-U	82.00	83	660.0	91.92	7
Alan Francisco Vivanco Estrada	CHI	M-JR-U	82.20	83	660.0	91.81	8
Ricardo Palacios Ramírez	JAL	M-JR-U	89.20	93	675.0	90.13	9
Jose Manuel Peniche Gongora	MER	M-JR-U	72.60	74	585.0	86.74	10
José Sánchez Báez	SIN	M-JR-U	102.40	105	690.0	86.20	11
Octavio Alonso Mendoza Peralta	CDMX	M-JR-U	72.70	74	577.5	85.57	12
Bryant Alexis Maldonado Gomez	CHI	M-JR-U	73.70	74	575.0	84.59	13
Emmanuel Peña Beltran	SIN	M-JR-U	82.90	83	607.5	84.15	14
Jorge Alberto Gorian Montealegre	CAM	M-JR-U	80.30	83	592.5	83.41	15
Marcial Fernando Camacho Dominguez	SIN	M-JR-U	91.40	93	630.0	83.12	16
Yahir alejandro arias osuna	SIN	M-JR-U	82.20	83	597.5	83.12	17
Víctor Manuel ramos Alamilla	MER	M-JR-U	70.30	74	550.0	82.93	18
Jorge Luis Marroquín Reyes	SON	M-JR-U	92.50	93	630.0	82.63	19
Leonel Alejandro Soriano Valencia	COL	M-JR-U	73.80	74	557.5	81.96	20
Luis David Uribe Liceaga	BC	M-JR-U	72.80	74	552.5	81.80	21
Daniel Alberto Santana Gomez	SON	M-JR-U	71.60	74	547.5	81.77	22
Alejandro Yair Castro Lamarque	GTO	M-JR-U	98.10	105	635.0	80.96	23
Pablo Antonio Castillo Bravo	VER	M-JR-U	58.20	59	477.5	79.59	24
Osmar Hernández peña	BC	M-JR-U	65.80	66	502.5	78.46	25
Luis Fernando Guzman Lopez	CDMX	M-JR-U	73.00	74	530.0	78.36	26
Ángel Cruz Figueroa	OAX	M-JR-U	58.60	59	470.0	78.06	27
Rodolfo Guzmán Flores	NL	M-JR-U	128.80	120+	690.0	77.82	28
Julián Javier Santiago Cortes	CDMX	M-JR-U	80.40	83	552.5	77.73	29
Santiago Armando Mondragón Vega	COL	M-JR-U	73.40	74	525.0	77.40	30
Josue Alejandro Montano Hernandez	ZAC	M-JR-U	71.60	74	517.5	77.29	31
Ian Carlo Falcón Cedillo	CDMX	M-JR-U	65.50	66	485.0	75.91	32
Carlos Armando Lara Segovia	CDMX	M-JR-U	72.80	74	510.0	75.51	33
Juan García	ZAC	M-JR-U	81.80	83	537.5	74.95	34
Jose Maria Paniagua Aguilera	DUR	M-JR-U	88.10	93	557.5	74.90	35
Jaime Silva Salvatierra	BCS	M-JR-U	65.30	66	477.5	74.86	36



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Diego Bejarano Vargas	CDMX	M-JR-U	83.00	83	540.0	74.75	37
César Ivan Sedano Lopez	SIN	M-JR-U	73.60	74	507.5	74.72	38
José Miguel Salinas Espinoza	SON	M-JR-U	90.60	93	562.5	74.54	39
Erik Giovanni Perez Enriquez	SON	M-JR-U	104.20	105	600.0	74.34	40
Mauricio Axle Mendicuti	MER	M-JR-U	58.00	59	445.0	74.31	41
Axel David Ibarra Astorga	SIN	M-JR-U	91.80	93	562.5	74.06	42
Emmanuel Zepeda Salinas	TAM	M-JR-U	81.90	83	527.5	73.51	43
Emilio González	MER	M-JR-U	89.70	93	550.0	73.24	44
José Francisco Martínez Ramirez	SON	M-JR-U	57.80	59	435.0	72.78	45
JESUS HERNANDO GARCIA GUERRERO	CDMX	M-JR-U	73.00	74	490.0	72.45	46
Josue Liceaga Iepe	HI	M-JR-U	72.30	74	485.0	72.07	47
Zadkiel Emiliano Martínez Juarez	CDMX	M-JR-U	101.00	105	572.5	71.98	48
Alonso Emmanuel Orozco Rascón	CHI	M-JR-U	111.80	120	600.0	71.98	49
Juan Manuel Medina Alamea	SON	M-JR-U	92.10	93	545.0	71.64	50
Guillermo daniel ojeda jimenez	NAY	M-JR-U	90.90	93	540.0	71.44	51
Bryan abdeli Gomez Gonzalez	BCS	M-JR-U	73.00	74	482.5	71.34	52
Sammy Ojendiz Benitez	BC	M-JR-U	66.00	66	457.5	71.32	53
Alejandro Zamudio Yacaman	CDMX	M-JR-U	75.90	83	490.0	71.00	54
Miguel Ángel Morales Reyes	COA	M-JR-U	92.70	93	537.5	70.43	55
Luis Fernando Orozco Penilla	MER	M-JR-U	91.50	93	530.0	69.89	56
Luis Antonio Moctezuma espinoza	HI	M-JR-U	69.30	74	455.0	69.13	57
Angel Francisco Olivas Peña	BCS	M-JR-U	78.60	83	482.5	68.67	58
Alejandro González Aguirre	ZAC	M-JR-U	82.30	83	492.5	68.47	59
Jose alfredo ramos meraz	BCS	M-JR-U	58.60	59	410.0	68.09	60
Diego Armando Borja Padierna	GTO	M-JR-U	65.60	66	435.0	68.03	61
Miguel Alexander Chablé Euán	MER	M-JR-U	81.80	83	485.0	67.63	62
Isaacrogeth Ojendiz Benítez	BCS	M-JR-U	81.70	83	477.5	66.63	63
Mariano Escobar Gutiérrez	BCS	M-JR-U	102.00	105	517.5	64.77	64
Pedro Mauricio Díaz González	ZAC	M-JR-U	65.00	66	410.0	64.43	65
Alberto Valenzuela García	SON	M-JR-U	118.80	120	545.0	63.63	66
Sergio isaac lozano lopez	SIN	M-JR-U	82.30	83	450.0	62.56	67
Sergio Terriquez Barbosa	CO	M-JR-U	59.00	59	377.5	62.47	68
Obed Alfonso Cruz Figueroa	OAX	M-JR-U	65.60	66	395.0	61.77	69
Daniel Bermúdez López	SIN	M-JR-U	105.00	105	490.0	60.50	70
Santiago Peltier Castillo	AGS	M-JR-U	131.90	120+	537.5	60.02	71
Yair Tonatiu López Laimon	CDMX	M-JR-U	58.40	59	360.0	59.90	72
Antonio Renteria Cuevas	ZAC	M-JR-U	82.00	83	427.5	59.54	73
Cesar Augusto Lopez Segura	CHI	M-JR-U	77.50	83	410.0	58.77	74
Carlos Alonso Ramos Orendain	NAY	M-JR-U	113.60	120	460.0	54.79	75



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutos Varonil Open (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt CIs	PL Total	IPF GL Points	Place
Jimenez Quintero Santos Gabriel	SONORA	M-O-U	73.80	74	672.5	98.87	1
Gabriel Garcia Corona	CDMX	M-O-U	96.80	105	760.0	97.51	2
Anthony Alexander Ramirez Abrego	BC	M-O-U	80.10	83	690.0	97.25	3
Diego Fernando Ramirez Cruz	EDOMEX	M-O-U	82.60	83	690.0	95.75	4
Alejandro Cubillas	BC	M-O-U	72.50	74	645.0	95.71	5
Gabriel Sierra Segovia	MER	M-O-U	73.30	74	642.5	94.79	6
Roberto Peltier Castillo	AGS	M-O-U	100.30	105	740.0	93.35	7
Victor Hugo Orozco Alvarez	NL	M-O-U	102.60	105	745.0	92.98	8
Kevin Acevedo Rosas	CDMX	M-O-U	73.60	74	630.0	92.75	9
Joshua A. Aboytes Ruiz	QRO	M-O-U	72.60	74	625.0	92.67	10
Michael Pelaez Espino	MER	M-O-U	73.30	74	625.0	92.21	11
gerardo islas sanchez	CDMX	M-O-U	82.30	83	662.5	92.10	12
Aleck Maximiliano Robles Pablos	SON	M-O-U	65.30	66	585.0	91.71	13
Israel Fernández Matos	YCT	M-O-U	87.50	93	675.0	91.00	14
Jovanny Raúl Hernández Ramírez	CDMX	M-O-U	91.80	93	690.0	90.84	15
Ivan Alexis Serrano Solorio	SON	M-O-U	91.20	93	687.5	90.80	16
Rodrigo Aguilar Velazquez	CDMX	M-O-U	79.30	83	640.0	90.67	17
Mauricio Rodriguez Velazquez	JAL	M-O-U	104.40	105	725.0	89.75	18
Kevin Alan Favela Popoca	EDOMEX	M-O-U	82.80	83	647.5	89.74	19
Elber montes	MER	M-O-U	82.40	83	645.0	89.61	20
Sonni Antonio Garcia Iñigo	SON	M-O-U	82.10	83	642.5	89.43	21
Roberto Carlos Cabrera Novelo	YUC	M-O-U	101.90	105	710.0	88.90	22
Jaime David Figueroa Moreno	SON	M-O-U	92.10	93	675.0	88.72	23
Eduardo Rodriguez Munoz	AGS	M-O-U	92.90	93	675.0	88.35	24
Bernardo Cazarez Duran	MICH	M-O-U	102.00	105	705.0	88.23	25
Miguel angel Ramirez Valdez	QROO	M-O-U	92.20	93	667.5	87.69	26
Carlos Eduardo Martínez Romero	EDOMEX	M-O-U	73.10	74	587.5	86.80	27
MARIO ADOLFO OBESO MIRELES	ZAC	M-O-U	81.40	83	620.0	86.67	28
Gerardo Garcia Velez	COA	M-O-U	82.50	83	622.5	86.43	29
Erik Perez Fernandez	NL	M-O-U	104.00	105	695.0	86.19	30
Christian Jair Rueda Figueroa	CDMX	M-O-U	82.10	83	612.5	85.26	31
Heimdall Ceja Pliego	YCT	M-O-U	92.70	93	650.0	85.17	32
Manuel Alejandro Jimenez Perez	MOR	M-O-U	81.70	83	610.0	85.12	33



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt CIs	PL Total	IPF GL Points	Place
César Eduardo Rodriguez Torres	NL	M-O-U	58.60	59	510.0	84.70	34
Arturo Axel Arredondo carrasco	EDOMEX	M-O-U	102.60	105	677.5	84.56	35
FABIO DANIEL SALAS OLACHEA	BC	M-O-U	81.60	83	600.0	83.77	36
William Jaroslav Trujillo Moreno	CDMX	M-O-U	92.40	93	627.5	82.35	37
Mauricio Canto Almeida	CAM	M-O-U	92.20	93	620.0	81.45	38
Alan Tiila Velazquez	CDMX	M-O-U	100.20	105	645.0	81.41	39
José de Jesús Alvarado Luna	CDMX	M-O-U	71.70	74	545.0	81.34	40
Rene Alberto Munoz Olvera	CDMX	M-O-U	91.90	93	617.5	81.25	41
Jorge Luis Coronado Díaz	JAL	M-O-U	91.20	93	615.0	81.23	42
Marcos Donald Martinez Miranda	EDOMEX	M-O-U	72.00	74	542.5	80.79	43
Luis Fernando ONOFRE Díaz	QRO	M-O-U	65.50	66	515.0	80.60	44
Juan Jose Rodriguez Lopez	BC	M-O-U	92.00	93	610.0	80.22	45
Christian Ramirez díaz	BCS	M-O-U	91.30	93	607.5	80.19	46
Helio Miguel Pena Palacios	TAM	M-O-U	92.90	93	610.0	79.84	47
Fernando Plata Juárez	CDMX	M-O-U	88.90	93	595.0	79.58	48
Izhak Flores Cuadra	JAL	M-O-U	103.10	105	635.0	79.07	49
Aaron Husai Pool Gutierrez	MER	M-O-U	81.60	83	565.0	78.89	50
Carlos Alberto Enciso Mejía	JAL	M-O-U	64.80	66	500.0	78.70	51
Luis Andres Ocampo Romero	QROO	M-O-U	82.10	83	565.0	78.64	52
Omar Alexander Villarreal Martell	COL	M-O-U	74.00	74	535.0	78.54	53
Francisco de Jesus Galvan Ruiz	ZAC	M-O-U	69.00	74	515.0	78.42	54
Pedro Pablo banda zapata	SLP	M-O-U	110.20	120	645.0	77.88	55
Iván Edilberto Cruz García		M-O-U	71.00	74	512.5	76.88	56
Omar Adolfo Carrillo Castro	JAL	M-O-U	89.90	93	577.5	76.82	57
Jorge Enrique Rodriguez Rascon	SON	M-O-U	89.10	93	572.5	76.49	58
Aldo Ernesto Heming Poot	YUC	M-O-U	94.00	105	587.5	76.46	59
Carlo Mauricio Matamoros Cabrera	YCT	M-O-U	88.40	93	570.0	76.45	60
David Alexander Jiménez Euán	YCT	M-O-U	87.80	93	567.5	76.37	61
Ramon Alejo Barabato	MER	M-O-U	81.30	83	545.0	76.24	62
Luis Manuel Martinez Damaso	UNAM	M-O-U	82.20	83	545.0	75.81	63
Sergio Adrian Bernal Baez	SLP	M-O-U	129.10	120+	670.0	75.49	64
Erick David Morales Montoya	SIN	M-O-U	65.50	66	480.0	75.13	65
Marcelino Noe Euan Medina	SON	M-O-U	92.90	93	572.5	74.93	66



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Name	ESTADO	Div	Bwt - kg	IPF Wt Cts	PL Total	IPF GL Points	Place
Jose Eduardo Fernandez Rincon	ZAC	M-O-U	92.80	93	570.0	74.65	67
WILLIAM JOSÉ CRUZ MENA	QRO	M-O-U	64.90	66	467.5	73.53	68
Williams Hernández Cervantes	CDMX	M-O-U	64.90	66	460.0	72.35	69
Carlos Garcia Gutierrez	MICH	M-O-U	82.30	83	520.0	72.29	70
Mario Fernando Garcia Pedrero	TAB	M-O-U	91.30	93	547.5	72.27	71
Enrique Escalante abad	MER	M-O-U	75.20	83	495.0	72.07	72
Jorge Vega Muñoz	QROO	M-O-U	141.60	120+	662.5	71.89	73
Felipe Arturo Saldaña Amezcua	JAL	M-O-U	103.20	105	577.5	71.88	74
Brandon Rios Alvarez	COL	M-O-U	82.50	83	517.5	71.85	75
Pablo Osvaldo Macias Mata	JAL	M-O-U	90.80	93	542.5	71.81	76
PEDRO VIDAL SANGUINO	MER	M-O-U	87.00	93	525.0	70.98	77
Roberto Carlos	TAM	M-O-U	100.20	105	560.0	70.68	78
Jose Antonio Domínguez Cornejo	TAM	M-O-U	93.00	93	540.0	70.64	79
Saul Mendoza Ibañez	EDOMEX	M-O-U	81.90	83	505.0	70.38	80
Ricardo Alanis Obregon	NL	M-O-U	90.80	93	530.0	70.15	81
Xavier Orlando Garcia Arredondo	ZAC	M-O-U	81.90	83	500.0	69.68	82
Juan Alberto Sacramento Ornelas	JAL	M-O-U	116.30	120	590.0	69.54	83
Eduardo Antonio Osorio Virgen	COL	M-O-U	72.30	74	462.5	68.73	84
Félix Ricardo Botello Urrutia	NL	M-O-U	64.20	66	432.5	68.42	85
Fabrizio de Dios Medina Avelar	JAL	M-O-U	65.70	66	437.5	68.36	86
Juan Manuel Barroso Basto	MER	M-O-U	81.80	83	485.0	67.63	87
Felipe Herrera	MER	M-O-U	92.60	93	510.0	66.86	88
Alexis Ortiz Alvarado	NL	M-O-U	62.00	66	412.5	66.47	89
Raul Alberto Perez Lugo	MER	M-O-U	91.30	93	472.5	62.37	90
Erik Rodrigo Uh Huchim	MER	M-O-U	57.70	59	370.0	61.96	91
Daniel Cruz Rivas	CDMX	M-O-U	92.90	93	465.0	60.86	92
Diego Leon Hoyos	MER	M-O-U	91.20	93	460.0	60.76	93
Arturo Javier Diaz Cervera	QROO	M-O-U	162.10	120+	577.5	59.58	94
David Yarhi Lira	JAL	M-O-U	126.10	120+	520.0	59.17	95
Roberto Azael Monroy Ruiz	MER	M-O-U	73.30	74	392.5	57.91	96
Javier Alejandro Chanona Parra	MER	M-O-U	91.20	93	435.0	57.45	97
Gustavo Alberto Sagahon Favela	YUC	M-O-U	134.90	120+	475.0	52.56	98



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutos Varonil Master (Raw)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Carlos Andres Fernandez Gamboa	MER	M-M1-U	73.10	74	590.0	87.17	1
JONATHAN MACÍAS FLORES	CDMX	M-M1-U	114.80	120	682.5	80.90	2
David Salgado Hernandez	CHI	M-M1-U	81.80	83	572.5	79.84	3
Roberto Martínez Dávalos	CDMX	M-M1-U	119.80	120	680.0	79.10	4
Adolfo Gerardo Román	CO	M-M1-U	105.00	105	634.0	78.28	5
Bernabe Cubas Vargas	TAM	M-M1-U	117.10	120	647.5	76.08	6
RANGEL DAVID DURAN PARRA	MER	M-M1-U	88.20	93	532.5	71.50	7
Alejandro Morales Nieto	AGS	M-M1-U	82.90	83	512.5	70.99	8
Roberto Eugenio Rocha González	GTO	M-M1-U	71.90	74	467.5	69.67	9
Luis Martín Gamez Vazquez	SLP	M-M1-U	136.40	120+	630.0	69.40	10
Anibal Nava Martínez	AGS	M-M2-U	101.30	105	545.0	68.43	11
guzman solis luis enrique	SON	M-M1-U	91.50	93	500.0	65.93	12
Joan Manuel Mondragón Perez	COL	M-M1-U	73.00	74	437.5	64.68	13
Jose Alejandro chale Gonzalez	MER	M-M1-U	65.20	66	410.0	64.33	14
Carlos Gilberto Gamboa Frias	MER	M-M1-U	117.00	120	522.5	61.42	15
Alain Usiel Mendoza Carrillo	JAL	M-M1-U	81.30	83	400.0	55.95	16
Gilberto Quintero Davila	JAL	M-M2-U	103.90	105	445.0	55.21	17
Daniel Velazquez Rocha	BC	M-M1-U	89.10	93	402.5	53.78	18
Guillermo Ortiz Caudillo	GTO	M-M1-U	109.00	120	425.0	51.57	19



Resultados del XIV Campeonato Nacional de Powerlifting Mérida 2023

Absolutos Varonil (Equipado)

Name	ESTADO	Div	Bwt - kg	IPF Wt Cls	PL Total	IPF GL Points	Place
Marco Antonio Porras Arvizu	CDMX	M-O	114.70	120	820.0	80.68	1
Juan Jose Tamayo Fuentes	NL	M-O	92.00	93	692.5	75.53	2
Oscar Enrique Barrera Aguirre	NL	M-O	73.10	74	602.5	75.26	3
Agustín Sánchez Contreras	UNAM	M-O	73.90	74	582.5	72.25	4
Jovani Vazquez Garcia	UNAM	M-O	82.00	83	535.0	62.22	5
Jonathan Alvarez Arrocena	CDMX	M-O	84.40	93	485.0	55.47	6
David Armando Soriano Lovera	CDMX	M-O	101.70	105	520.0	53.94	7
Neri Vazquez Garcia	UNAM	M-O	79.20	83	440.0	52.25	8
Luis Antonio Ramírez Ochoa	CDMX	M-M2	106.50	120	595.0	60.43	1
José Manuel Loaiza Flores	CHI	M-M1	90.80	93	605.0	66.44	1
MARCO MANUEL REYES ARANO	CDMX	M-M1	89.20	93	590.0	65.42	2